



JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

JULY 2026 FRI **17** SAT **18** SUN **19** MON **20** TUE **21** WED **22** THU **23**

5% SENIOR DISCOUNT EVERY TUESDAY!
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

WE ACCEPT EBT **OTC**
NO CLUB CARD NEEDED! **Network**

DOG DAYS & COOL CARTS



HOME DELIVERY
CHOOSE US ON
instacart **mercato**
DOORDASH **Uber Eats**
KeyFoodMan.com
OR CALL THE STORE FOR
PHONE ORDERS
Curbside Pickup Available!



Fresh Cut MEAT Delicious DELI

BEEF BONE-IN SHELL STEAKS
USDA CHOICE

\$12.99 lb.

USDA CHOICE

BEEF BONELESS TOP ROUND LONDON BROIL
USDA INSPECTED

\$5.99 lb.

U.S.D.A. INSPECTED BEEF

FRESH CHICKEN DRUMSTICKS
PERDUE GRADE A JUMBO PACK

\$1.29 lb.

PERDUE

FRESH CHICKEN WINGS
PERDUE GRADE A JUMBO PACK

\$2.99 lb.

PERDUE

ALL DELI MADE FRESH DAILY!

DI LUSSO DELUXE HAM

\$6.99 lb.

LAND O LAKES AMERICAN CHEESE
YELLOW, WHITE

\$5.99 lb.

BOAR'S HEAD SMOKE MASTER HAM

\$10.99 lb.

Our Own POTATO SALAD, MACARONI SALAD OR COLESLAW
WITH HELLMANN'S MAYONNAISE

\$3.99 lb.

ALL STORES HAVE A CHEF ON PREMISES!

Fresh PRODUCE

FRESH BLUEBERRIES
1 DRY PINT

\$2.99 ea.

RED ROMA TOMATOES

\$1.49 lb.

LARGE HASS AVOCADOS
FRESH FROM MEXICO, GREAT FOR GUACAMOLE

99¢ ea.

Avocados Mexico
ALWAYS GOOD

FRESH EXPRESS GARDEN SALAD OR OLD FASHIONED COLESLAW
EXPI 12-14 OZ. BAG

\$1.99 ea.

NORTHWEST CHERRIES
FIRST OF THE SEASON

\$3.99 lb.

Northwest

IN-STORE GROCERY Savings

POLAND SPRING SPRING WATER
(24 PACK, 16.9 OZ. BTL., 405.6 OZ. PKG., +TAX +DEP)

3 FOR \$13.99

MUST BUY 3, LIMIT 1 OFFER

APPLE & EVE APPLE JUICE
64 OZ. BTL., NATURAL, CLEAR, EXCLUDES SESAME STREET & ORGANIC

2 FOR \$6

MUST BUY 2, LIMIT 4 OFFERS

PEARL MILLING COMPANY PANCAKE MIX
24-32 OZ. BOX, OR SYRUP, 24 OZ. BTL., ASST. VAR.

\$2.99 ea.

LIMIT 4 OFFERS

MAZOLA COOKING OIL
96 OZ. CONT., ASST. VAR.

\$9.99 ea.

LIMIT 4 OFFERS

WISH-BONE SALAD DRESSING
8 OZ. BTL., ASST. VAR.

2 FOR \$4

MUST BUY 2, LIMIT 4 OFFERS

HEINZ TOMATO KETCHUP
20 OZ. SQUEEZE

2 FOR \$5

MUST BUY 2, LIMIT 4 OFFERS

HELLMANN'S MAYONNAISE
30 OZ. JAR., ASST. VAR.

\$5.99 ea.

LIMIT 4 OFFERS

URBAN MEADOW LONG GRAIN WHITE RICE
20 LB. BAG, EXCLUDES PARBOILED

\$10.99

LIMIT 4 OFFERS

TOASTED TOWN HOUSE CRACKERS
8-13.8 OZ. BOX, ASST. VAR.

BUY ONE GET ONE FREE
2 FOR \$6.29

LIMIT 4 OFFERS

SNAPPLE ICED TEA OR JUICE
64 OZ. BTL., ASST. VAR.

2 FOR \$3

MUST BUY 2, LIMIT 2 OFFERS

ENTENMANN'S LOAF CAKES
11.5-16 OZ. BOX, ASST. VAR.

\$2.99 ea.

URBAN MEADOW HAMBURGER OR HOT DOG ROLLS
12 OZ. BAG

2 FOR \$4

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

EGG-LAND'S BEST LARGE WHITE EGGS
18 CT. CRTN., GRADE A

\$2.99 ea.

LIMIT 2 OFFERS

CRACKER BARREL CHUNK CHEESE
7-8 OZ. PKG., ASST. VAR., EXCLUDES CHEESE CUTS & SLICES

2 FOR \$5

MUST BUY 2, LIMIT 4 OFFERS

KRAFT AMERICAN SINGLES
8-12 OZ. PKG., ASST. VAR.

\$2.99 ea.

LIMIT 4 OFFERS

TROPICANA TWISTER ADES OR PUNCH
59 OZ. CONT., ASST. VAR.

2 FOR \$3

TROPICANA PURE PREMIUM ORANGE JUICE
46 OZ. BTL., ORIGINAL, LIGHT, GRAPEFRUIT, ASST. VAR.

\$3.99 ea.

OIKOS, OIKOS TRIPLE ZERO, TWO GOOD, OR LIGHT & FIT GREEK YOGURT
4.5-5.3 OZ. CONT., ASST. VAR. INCLUDING REMIX

4 FOR \$5

Fresh PRODUCE

EASTERN YELLOW PEACHES
JUICY & DELICIOUS

\$1.49 lb.

MINI SEEDLESS CUCUMBERS
6 PACK, 12 OZ. PKG.

\$3.99 ea.

WAXED YUCA

\$1.29 lb.

Great on the Grill
US #1 IDAHO POTATOES

99¢ lb.

Great on the Grill
US #1 VIDALIA ONIONS
3 LB. BAG

\$3.99 ea.

OLIPOP PREBIOTIC HEALTHY SODA
12 OZ. CANS, ASST. VAR.

3 \$5 FOR

Fresh Cut MEAT & FISH

BABY BACK PORK RIBS
FRESH

\$4.99 lb.

OSCAR MAYER BEEF FRANKS
15 OZ. PKG.

\$4.99 ea.

85% LEAN GROUND TURKEY BUTTERBALL FRESH
16 OZ. PKG.

\$4.99 ea.

PERDUE GROUND CHICKEN BREAST
FAMILY PACK

\$9.99 lb.

BACALA RICO SALTED POLLOCK FILLETS
12 OZ. PKG.

\$4.99 ea.

AQUA STAR PEELED & DEVEINED RAW SHRIMP
31-40 CT., 2 LB. BAG.

\$17.99 ea.

Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

BOAR'S HEAD OVENGOLD TURKEY BREAST

\$13.99 lb.

BOARS' HEAD VERMONT CHEDDAR

\$8.99 lb.

BUTTERBALL TURKEY BREAST

\$8.99 lb.

Store Made LASAGNA WITH MEAT & CHEESE

\$8.99 lb.

Store Made ASIAN STYLE SESAME NOODLES

\$7.99 lb.

Store Made CHICK PEA SALAD

\$7.99 lb.

Store Baked CRUSTY FRENCH OR SEMOLINA BREAD
18 OZ. OR 12 OZ. LOAF

\$3.99 ea.

APPLE OR APPLE CRUMB PIES
24 OZ. PKG.

\$5.99 ea.

CHECK OUT OUR **NEW PARTY MENU** ONLINE at **KeyFoodMan.com** or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

STONYFIELD ORGANIC YOGURT
32 OZ. CONT., ASST. VAR.

\$4.99 ea.

HOTEL BAR BUTTER QUARTERS
16 OZ. PKG., SALTED, UNSALTED

\$3.99 ea.

BEST YET CREAM CHEESE BAR
REGULAR 8 OZ. PKG.

\$1.99 ea.

HORIZON ORGANIC MILK
ASST. VAR. 64 FL. OZ. CNTR. EXCLUDES LACTOSE FREE, DHA AND GRASS FED

\$4.99 ea.

URBAN MEADOW HALF & HALF
32 OZ. CONT., FAT FREE, REGULAR

\$2.99 ea.

DAISY COTTAGE CHEESE
6 OZ. CONT., ASST. VAR.

2 \$3 FOR

FAGE ALL NATURAL SOUR CREAM
14 OZ. SQUEEZE, 16 OZ. CONT.

2 \$4 FOR

FROZEN Foods

URBAN MEADOW STEAMABLE VEGETABLES
12 OZ. BAG, ASST. VAR.

\$1.99 ea.

BOSTON MARKET DINNERS
13-16 OZ. PKG., ASST. VAR.

\$2.99 ea.

JIMMY DEAN BREAKFAST SANDWICHES
16 OZ. PKG., ASST. VAR.

\$6.99 ea.

URBAN MEADOW FROZEN FRUIT
12-16 OZ. PKG., ASST. VAR., EXCLUDES RASPBERRIES, SLICED PEACHES

2 \$6 FOR

OUTSHINE YOGURT BARS
PEACH OR STRAWBERRY, 10.6-14.7 OZ. BOX, OR FRUIT BARS, 10.6-14.7 FL. OZ. BOX, ASST. VAR., EXCLUDES SCOOPS

2 \$8 FOR

TALENTI SORBETTO OR GELATO
16 OZ. CONT., ASST. VAR., EXCLUDES TALENTI LAYERS

2 \$8 FOR

FRIENDLY'S ICE CREAM
8 OZ. CONT., ASST. VAR., EXCLUDES NATURALLY

\$3.99 ea.

IN-STORE GROCERY Savings

MAXWELL HOUSE GROUND COFFEE
23.1-33.1 OZ. CONT., ASST. VAR., EXCLUDES DECAF

\$9.99 ea.

URBAN MEADOW PEANUT BUTTER
16-16.3 OZ. JAR, ASST. VAR.

2 \$4 FOR

LUIGI VITELLI IMPORTED PASTA
16 OZ. PKG., ASST. VAR., EXCLUDES FIDEOS & ORGANIC WHOLE WHEAT

4 \$5 FOR

FRANCESCO RINALDI ALFREDO OR PASTA SAUCE
15-24 OZ. JAR, ASST. VAR.

2 \$4 FOR

MASECA INSTANT CORN MASA FLOUR
4 LB. BAG

\$3.99 ea.

GOYA YELLOW SPLIT PEAS
16 OZ. BAG

4 \$5 FOR

BUMBLE BEE SOLID WHITE TUNA
5 OZ. CAN, IN OIL, IN WATER, LOW SODIUM

3 \$5 FOR

URBAN MEADOW EVAPORATED MILK
12 OZ. CAN, REGULAR, FAT FREE

3 \$4 FOR

SWEET BABY RAY'S BBQ SAUCE
28 OZ. BTL., ASST. VAR.

2 \$7 FOR

GATORADE THIRST QUENCHER
28 OZ. BTL., ASST. VAR.

2 \$4 FOR

PEPSI SODA
2 LITER, 67.6 OZ. BTL., ASST. VAR., +TAX +DEP

2 \$5 FOR

TOSTITOS TORTILLA CHIPS
9-14.425 OZ. BAG OR RUFFLES, 5.25-9.625 OZ. BAG, ASST. VAR.

\$3.99 ea.

SCOTT BATH TISSUE
WHITE, 20 ROLLS, 2096 SQ. FT. PKG.

\$16.99 ea.

BOUNTY PAPER TOWELS
8-20 DOUBLE PLUS ROLL, OR 6-22 TRIPLE PLUS ROLL, 371-408 SQ. FT. PKG.

\$19.99 ea.

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website **KeyFoodMan.com**

We reserve the right to limit 1 per family. Prices effective this store only. Not responsible for typographic errors. Some pictures are for design purposes only and do not necessarily represent items on sale.