



SALE
EFFECTIVE DATES
MARCH 28
TO APRIL 3,
2025

JAMAICA
183-14 Hillside Ave
718-297-2613
HRS: Everyday
7 am - 10 pm

FRESH MEADOWS
164-05 69TH Ave
718-762-1112
HRS: Mon-Sat: 7 am - 9 pm
Sun: 7 am - 8 pm

5%
SENIOR
DISCOUNT

MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
Every Tuesday!
\$25 Min. Purchase
Not to be combined w/ other coupon offers

WE ACCEPT EBT
NO CLUB CARD NEEDED!



Gift Cards make the ideal present.
AVAILABLE IN ALL LOCATIONS!



HOME DELIVERY
CHOOSE US ON

instacart
DOORDASH
mercato
KEYFOODMAN.COM
or Call the Store
for Phone Orders
CURBSIDE PICKUP AVAILABLE!
WE ACCEPT ALL
CREDIT & DEBIT CARDS,
EBT AND WIC
NO CLUB CARD NEEDED!

WE HAVE
LOWERED THOUSANDS
OF SHELF PRICES
IN EVERY DEPARTMENT!



SAVINGS
EVERYDAY!

Fresh Cut **MEAT**



USDA Choice
BEEF
TOP ROUND
LONDON
BROIL

\$4.99
LB.



USDA Choice
BEEF
BONELESS
BOTTOM
ROUND
ROAST

\$3.99
LB.



USDA GRADE A
FRESH
BONELESS
CHICKEN BREAST
FAMILY PACK

\$2.99
LB.



FRESH
BONE-IN
CENTER CUT
PORK CHOPS
FAMILY PACK

\$2.49
LB.

FRESH PRODUCE



EXTRA LARGE
RED OR GREEN
SEEDLESS
GRAPES

\$1.49
LB.



LARGE
CANTALOUPE

2 FOR \$5



US #1
GREEN GIANT
RUSSET POTATOES

10 Lb. Bag
\$3.99
EA.



WAXED
YUCCA

99¢
LB.



FRESH EXPRESS
GREEN & CRISP,
PREMIUM ROMAINE,
OR SPINACH

8-11 Oz. Pkg.
2 FOR \$5

DELI



BOAR'S HEAD
DELUXE
HAM

\$9.99
LB.



URBAN MEADOW
AMERICAN
CHEESE

Yellow or White

\$4.99
LB.



URBAN MEADOW
MUENSTER
CHEESE

\$5.99
LB.



BUTTERBALL
OVEN ROASTED
TURKEY BREAST

\$8.99
LB.

Store-Wide

SUPER SAVINGS!



POLAND SPRING
WATER 24 PACK
405.6 Oz. Pkg.

3 FOR \$11.99
MUST BUY 3 • LIMIT 1 OFFER



LUIGI VITELLI
IMPORTED PASTA
16 Oz. Pkg. Asst. Var.

Excludes Fideos & Organic Whole Wheat

4 FOR \$5



PREGO
PASTA SAUCE
14.5-24 Oz. Jar Asst. Var.
Excludes Alfredo 22 Oz.

3 FOR \$5
MUST BUY 3 • LIMIT 2 OFFERS



HELLMANN'S
SQUEEZE
MAYONNAISE
11.5 Oz. Btl. Asst. Var.

\$3.99
EA.
LIMIT 2 OFFERS



BUMBLE BEE
SOLID WHITE TUNA
5 Oz. Can in Oil or Water

4 FOR \$6
MUST BUY 4 • LIMIT 2 OFFERS



MAZOLA
OIL

96 Oz. Cont. Asst. Var.
\$8.99
EA.

LIMIT 3 OFFERS



CAROLINA
LONG GRAIN RICE
20 Lb. Bag White or Parboiled

\$11.99
EA.
LIMIT 2 OFFERS



KELLOGG'S
SPECIAL K CEREAL
9.6-12.9 Oz. Box Asst. Var.

BUY 1 GET 1
FREE
2 FOR \$6.49
MUST BUY 2 • LIMIT 4 OFFERS



URBAN MEADOW
PEANUT BUTTER
16.3 Oz. Jar Creamy or Crunchy

2 FOR \$4
MUST BUY 2 • LIMIT 2 OFFERS



NABISCO
CHIPS AHOY! COOKIES
7-13 Oz. Pkg. Asst. Var.
Excludes Family Size & Gluten Free

3 FOR \$9
MUST BUY 3 • LIMIT 1 OFFER



CANADA DRY
12 PACK SODA
144 Oz. Pkg. Asst. Var.

\$7.99
EA.



HAAGEN-DAZS
ICE CREAM
14 Oz. Cont. Asst. Var.

2 FOR \$7
MUST BUY 2 • LIMIT 2 OFFERS

LOCALLY OWNED
AND OPERATED!

SHOP ONLINE ON OUR WEBSITE:
WWW.KEYFOODMAN.COM

CURBSIDE PICKUP AVAILABLE!
ORDER ONLINE
OR CALL OUR STORES!

GROCERY SAVINGS THROUGHOUT THE STORE!

MAXWELL HOUSE INSTANT OR SANKA INSTANT DECAF COFFEE
8 Oz. Jar
\$5.99 EA.
LIMIT 2 OFFERS

POMPEIAN EXTRA VIRGIN OLIVE OIL
16 Oz. Btl. Asst. Var. Excludes Organic
\$6.99 EA.
LIMIT 3 OFFERS

BUMBLE BEE WILD CAUGHT PINK SALMON
14.75 Oz. Can
\$3.49 EA.
LIMIT 4 OFFERS

TUTOROSSO TOMATOES
28 Oz. Can Asst. Var. Excludes San Marzano
3 \$5 FOR
MUST BUY 3 • LIMIT 2 OFFERS

BRUNSWICK SARDINES IN SOYBEAN OIL
3.75 Oz. Can
3 \$3 FOR
MUST BUY 3 • LIMIT 4 OFFERS

LIPTON NOODLE SOUP MIX
1.8-4.9 Oz. Pkg. Asst. Var.
2 \$3 FOR
MUST BUY 2 • LIMIT 2 OFFERS

KRAFT MACARONI & CHEESE
5.5-7.3 Oz. Box Asst. Var. Excludes Gluten Free & Plant Based
5 \$5 FOR
MUST BUY 5 • LIMIT 3 OFFERS

MAGNOLIA CONDENSED MILK
14 Oz. Can Regular or Fat Free
5 \$10 FOR

V8 VEGETABLE JUICE
46 Oz. Btl. Asst. Var.
\$3.49 EA.
LIMIT 3 OFFERS

KOOL-AID JAMMERS 10 PACKS
60 Oz. Pkg. Asst. Var.
2 \$5 FOR
MUST BUY 2 • LIMIT 2 OFFERS

DUNCAN HINES CLASSIC OR SIGNATURE CAKE MIX
15.25 Oz. Box Asst. Var.
2 \$5 FOR

DUNCAN HINES FROSTING
14-16 Oz. Cont. Asst. Var.
2 \$5 FOR

40 BREAD-CRUMBS
24 Oz. Cont. Plain or Seasoned
\$2.99 EA.
LIMIT 2 OFFERS

STARKIST CHUNK LIGHT TUNA
5 Oz. Can in Oil or Water
99¢ EA.

NUTRAMENT ENERGY NUTRITION DRINKS
11 Oz. Can Asst. Var.
2 \$4 FOR

RED PACK TOMATO PASTE
6 Oz. Can
4 \$5 FOR
MUST BUY 4 • LIMIT 4 OFFERS

RED PACK TOMATO SAUCE
8 Oz. Can
5 \$5 FOR
MUST BUY 5 • LIMIT 4 OFFERS

QUAKER CHEWY GRANOLA BARS
5-8.8 Oz. Box Asst. Var.
\$3.79 EA.

URBAN MEADOW 100% LEMON JUICE
32 Oz. Btl.
\$2.49 EA.

IHOP PANCAKE SYRUP
24 Oz. Btl. Original or Butter Pecan
\$3.99 EA.
LIMIT 3 OFFERS

Passover Savings!

STREIT'S PASSOVER MATZOS
5 Lb. Box
\$2.99 EA.
WITH ADDITIONAL \$50 PURCHASE, LIMIT 1 OFFER. WITHOUT PURCHASE \$14.99

KEDEM GRAPE JUICE
22 Oz. Btl. Asst. Var.
2 FOR \$5
MUST BUY 2 LIMIT 1 OFFER

GOLD'S BORSCHT
24 Oz. Jar. Asst. Var.
2 FOR \$5

MRS. ADLER'S GEFILTE FISH
24 Oz. Jar. Asst. Var.
\$4.99 EA.
LIMIT 2 OFFERS

STREIT'S EGG MATZO
12 Oz. Box
2 FOR \$7

DAIRY

We Sell Organic Milk and Eggs!

KRAFT NATURAL SLICED, CHUNK, OR SHREDDED CHEESE
7-8 Oz. Pkg. Asst. Var.
2 FOR \$5
MUST BUY 2 • LIMIT 4 OFFERS

TROPICANA PURE PREMIUM ORANGE JUICE
46 Oz. Btl. Asst. Var.
\$3.99 EA.
LIMIT 4 OFFERS

YOPLAIT YOGURT
4-6 Oz. Cont. Asst. Var.
10 FOR \$6
MUST BUY 10 • LIMIT 4 OFFERS

BREAKSTONE'S COTTAGE CHEESE
16 Oz. Cont. Asst. Var.
2 FOR \$5

BREAKSTONE'S SOUR CREAM
16 Oz. Cont. Asst. Var.
2 FOR \$5

PETE & GERRY'S EGG WHITES
16 Oz. Cont.
\$5.49 EA.

HOTEL BAR BUTTER
1/4 LB. STICKS
16 Oz. Pkg. Salted or Unsalted
\$4.99 EA.

PLANET OAT OAT MILK CREAMERS
32 Oz. Btl. Asst. Var.
2 FOR \$6

IMPERIAL SPREAD
1/4 LB. STICKS
16 Oz. Box
3 FOR \$5

PLANET OAT OAT MILK
52 Oz. Cont. Asst. Var.
2 FOR \$6

COFFEE-MATE CREAMERS
64 Oz. Btl. Asst. Var.
\$6.99 EA.

SWISS MISS PUDDING
6 PACKS
24 Oz. Pkg. Asst. Var.
2 FOR \$6

FROZEN FOODS

HEALTHY CHOICE CAFÉ STEAMERS
9.25-10.3 Oz. Pkg. Asst. Var.
2 FOR \$6
MUST BUY 2 • LIMIT 4 OFFERS

RED BARON CLASSIC CRUST PIZZA
17.82-23.45 Oz. Box Asst. Var.
\$4.99 EA.
LIMIT 4 OFFERS

GORTON'S FISH STICKS OR FISH FILLETS
15.2-24.5 Oz. Bag Asst. Var.
\$8.99 EA.
LIMIT 2 OFFERS

HUNGRY-MAN DINNERS
13.1-16 Oz. Box Asst. Var.
2 FOR \$9
MUST BUY 2 • LIMIT 4 OFFERS

ORE-IDA TOTS OR POTATOES
19-32 Oz. Bag Asst. Var.
2 FOR \$8
MUST BUY 2 • LIMIT 2 OFFERS

ELLIO'S PIZZA
13.62-19.64 Oz. Box Asst. Var.
\$3.99 EA.

BOCA VEGGIE PATTIES OR VEGGIE BURGERS
10 Oz. Pkg. Asst. Var.
\$3.99 EA.

TURKEY HILL ICE CREAM
46 Oz. Cont. Asst. Var. Excludes Simply Natural
\$3.99 EA.
LIMIT 4 OFFERS

FRIENDLY'S ICE CREAM BARS OR SANDWICHES
10.5-36 Oz. Box Asst. Var.
\$3.99 EA.
LIMIT 4 OFFERS

BREAD & SNACKS



URBAN MEADOW SPLIT TOP WHEAT BREAD
20 Oz. Bag

\$2.49 EA.



ARNOLD BRICK OVEN WHITE BREAD
20 Oz. Bag

\$4.99 EA.



NATURE'S OWN 100% WHOLE WHEAT BREAD
20 Oz. Bag

\$3.49 EA.



PEPPERIDGE FARM FARMHOUSE BREAD
22-24 Oz. Bag Asst. Var.

\$3.99 EA.



CHEEZ-IT CRACKERS
6-7 Oz. Box/Asst. Var.

3 FOR \$6.99

MUST BUY 3 • LIMIT 4 OFFERS



PEPPERIDGE FARM GOLDFISH
5.9-8 Oz. Pkg. Asst. Var.

2 FOR \$5



CHEETOS SNACKS
6.5-10 Oz. Bag Asst. Var.

OR FRITOS CORN CHIPS
9-10 Oz. Bag Asst. Var.

\$3.99 EA.



WISE POTATO CHIPS
7.5-7.875 Oz. Bag Asst. Var.

\$2.99 EA.

BEVERAGES



COCA-COLA 1.25 LITER SODA
42.2 Oz. Btl. Asst. Var.

4 FOR \$6

MUST BUY 4 • LIMIT 1 OFFER



PEPSI 2 LITER SODA
67.6 Oz. Btl. Asst. Var.

2 FOR \$5

MUST BUY 2 • LIMIT 2 OFFERS



SNAPPLE ICED TEA OR JUICE
64 Oz. Btl. Asst. Var.

2 FOR \$4



COCA-COLA 12 PACK SODA
144 Oz. Pkg. Asst. Var.

\$8.99 EA.



POLAR SELTZER 12 PACKS
144 Oz. Pkg. Asst. Var.

\$7.99 EA.



GATORADE SPORTS DRINKS
28 Oz. Btl. Asst. Var.

2 FOR \$5



GLACEAU VITAMIN WATER
20 Oz. Btl. Asst. Var.

3 FOR \$5



SMARTWATER ENHANCED 1 LITER WATER
33.8 Oz. Btl. Original or Alkaline Antioxidant

2 FOR \$4

BEER



CORONA BEER 12 PACKS
144 Oz. Pkg. Asst. Var.

\$19.99 EA.

PLUS DEPOSIT



HEINEKEN BEER 12 PACKS
144 Oz. Pkg. Asst. Var.

\$19.99 EA.

PLUS DEPOSIT



MODELO BEER 12 PACKS
144 Oz. Pkg. Asst. Var.

\$19.99 EA.

PLUS DEPOSIT



STELLA ARTOIS BEER 12 PACKS
134.4-144 Oz. Pkg. Asst. Var.

\$19.99 EA.

PLUS DEPOSIT



WHITE CLAW HARD SELTZER 12 PACKS
144 Oz. Pkg. Asst. Var.

\$19.99 EA.

PLUS DEPOSIT

Breakfast SAVINGS!



SILK ALMOND MILK
64 Oz. Cont. Asst. Var.
Excludes All Other Varieties

\$2.99 EA.

GENERAL MILLS CEREAL

- Cheerios 8.9 Oz.
- Honey Nut Cheerios 10.8 Oz.
- Cinnamon Toast Crunch 12 Oz.
- Cookie Crisp 10.6 Oz.



2 FOR \$6

MUST BUY 2 • LIMIT 4 OFFERS



CHOCK FULL O' NUTS COFFEE
23-26 Oz. Cont. Asst. Var.

\$10.99 EA.

LIMIT 4 OFFERS



QUAKER OATS
18 Oz. Cont. Quick or Old Fashioned

\$2.99 EA.



ENTENMANN'S CHOCOLATE CHIP OR MILK CHOCOLATE CHIP COOKIES
12 Oz. Box Excludes All Other Varieties

\$2.99 EA.



THOMAS' ENGLISH MUFFINS
12-13 Oz. Bag Asst. Var. Excludes Original

\$3.99 EA.



EGGO WAFFLES & PANCAKES
8.4-14.8 Oz. Box Asst. Var. Excludes Thick & Fluffy & Family

2 FOR \$5

MUST BUY 2 • LIMIT 2 OFFERS

Fresh Cut MEAT

WE SELL BELL & EVANS ALL NATURAL CHICKENS AND ALL SORTS OF VEGETARIAN OPTIONS



Perdue
GRADE A
FRESH
CHICKEN
LEG QUARTERS
JUMBO PACK

99¢
LB.



Perdue
GRADE A
FRESH
OVEN
STUFFER
ROASTERS

\$1.49
LB.



USDA
NO ANTIBIOTICS
EVER
CHICKEN
DRUMSTICKS
OR THIGHS
FAMILY PACK

\$1.79
LB.



Shady Brook Farms
ALL NATURAL
FRESH
93% LEAN
GROUND
TURKEY

\$4.99
EA.



Store Made
FRESH
THIN SLICED
CHICKEN
BREAST
CUTLETS
FAMILY PACK

\$4.99
LB.



FRESH
PORK
SPARE
RIBS

\$2.49
LB.



Teresa's
PURE
PORK
ITALIAN
SAUSAGES
16 OZ. PKG.
SWEET
OR HOT

\$3.99
EA.



USDA Choice
BEEF
BONELESS
CHUCK
FOR STEW
FAMILY PACK

\$5.99
LB.

Seafood



NORTH
ATLANTIC
FRESH
SALMON
FILLET

\$11.99
LB.



WILD CAUGHT
FRESH
COD
FILLET

\$9.99
LB.



WILD CAUGHT
FRESH
FLOUNDER
FILLET

\$9.99
LB.



AQUASTAR
31-40 CT.
PEELED &
DEVEINED
RAW
SHRIMP

\$13.99
EA.

FRESH PRODUCE



FRESH
MANGOS

4 FOR \$5



MINI SEEDLESS
RED WATERMELON
5-7 Lb. Avg.

\$4.99
EA.



FRESH
ROMAINE HEARTS
3 Ct. Pkg.

\$1.99
EA.



FRESH
KABOCHA
SQUASH

99¢
LB.



US #1
RED ONIONS
2 Lb. Bag

\$1.99
EA.



NEW CROP
BARTLETT
PEARS

\$1.99
LB.



US #1
YELLOW LEMONS
2 Lb. Bag

\$3.99
EA.



LARGE
SMOOTH SKIN
AVOCADOS

2 FOR \$5



RAINBOW
PEPPERS
16 Oz. Pkg.

\$3.99
EA.



GREEN GIANT
BABY PEELED CARROTS
2 Lb. Bag

\$2.99
EA.



Opening Day!
HAMPTON FARMS
MAJOR LEAGUE
BASEBALL PEANUTS
12 Oz. Pkg.

\$1.99
EA.



SLEEVED
CELERY

\$1.99
EA.

ENJOY FRESH FAVORITES FROM OUR DELI!



BOAR'S HEAD
MAPLE GLAZED
HONEY
TURKEY BREAST

\$12.99
LB.



BOAR'S HEAD
VERMONT
CHEDDAR CHEESE

\$8.99
LB.



HORMEL
1891 HONEY
CURED HAM

\$7.99
LB.



BELGIOIOSO
MOZZARELLA
BALLS OR LOGS
8 Oz. Pkg. Ass. Var.

\$3.99
EA.



GREAT LAKES
SLICING
PROVOLONE

\$6.99
LB.



BBQ
BRAISED
RIBS

\$9.99
LB.



CHICKEN
TENDERS
Asst. Var.

\$8.99
LB.



Our Own
SEAFOOD
SALAD

\$6.49
LB.



Our Own
EGGPLANT
PARMIGIANA

\$7.99
LB.



Store Prepared
SOLID WHITE
TUNA
SALAD

\$8.99
LB.



STORE BAKED
CRUSTY
FRENCH
BREAD
18 OZ. PKG.

\$3.99
EA.



Bakery

OR
SEMOLINA
BREAD
12 OZ. PKG.

PALERMO
CAKE SLICES
6 OZ. PKG. ASST. VAR.

2 FOR \$7

EACH ONE OF OUR STORES HAS A CHEF ON PREMISES, AND WE COOK IN STORE FOR YOU!