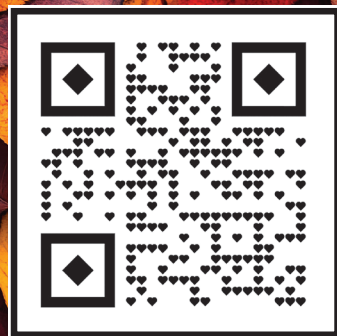




JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

**SCAN THE
QR CODE
TO SHOP ONLINE**



SEPT/OCT 2026

FRI **25**

SAT **26**

SUN **27**

MON **28**

TUE **29**

WED **30**

THU **1**

**5% SENIOR
DISCOUNT
EVERY TUESDAY!**
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

WE ACCEPT EBT
NO CLUB CARD NEEDED!

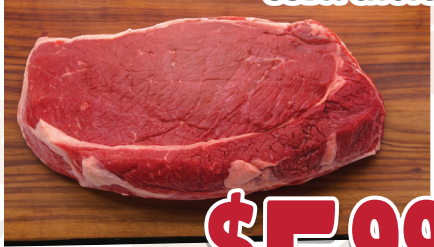
OTC
Network

**Fall
Into Flavor**

HOME DELIVERY
CHOOSE US ON
instacart **mercato**
DOORDASH **Uber Eats**
KeyFoodMan.com
OR CALL THE STORE FOR
PHONE ORDERS
Curbside Pickup Available!

Fresh Cut MEAT

**BEEF BONELESS
TOP ROUND
LONDON BROIL
USDA CHOICE**



\$5.99
lb.

**FRESH PORK
SPARE RIBS
FAMILY PACK**



\$2.99
lb.

**FRESH CHICKEN
DRUMSTICKS
PERDUE GRADE A
JUMBO PACK**



\$1.29
lb.

**FRESH BONE-IN
WHOLE PORK SHOULDER
(PERNIL)
Great for Pulled Pork**



\$1.69
lb.

Delicious DELI

ALL DELI MADE FRESH DAILY!



**BOAR'S HEAD
EVERROAST
CHICKEN BREAST**

\$9.99
lb.



**BOAR'S HEAD
MAPLE GLAZED HONEY
TURKEY BREAST**

\$11.99
lb.



Your Choice!
**URBAN MEADOW
MUENSTER CHEESE
OR GREAT LAKES
PROVOLONE**

\$4.99
lb.



**CAROLINA
TURKEY BREAST**

\$6.99
lb.

ALL STORES HAVE A **CHEF ON PREMISES!**

Fresh PRODUCE



**LARGE
HASS AVOCADOS**
FRESH FROM MEXICO,
GREAT FOR GUACAMOLE

89¢
ea.



New Crop
**NEW YORK STATE
FANCY APPLES**
4 LB. TOTE BAG

\$3.99
ea.



**EXTRA LARGE
LEROUGE
RED PEPPERS**

\$1.99
lb.



**SEEDLESS
CLEMENTINES**
3 LB. BAG

\$4.99
lb.

IN-STORE GROCERY Savings



**POLAND SPRING
SPRING WATER**
24 PACK, 16.9 OZ. BTL.,
1405.6 OZ. PKG.,
+TAX +DEP

3 \$12.99
FOR

MUST BUY 3, LIMIT 1 OFFER



**APPLE & EVE
APPLE JUICE**
64 OZ. BTL.,
NATURAL, CLEAR,
EXCLUDES SESAME
STREET & ORGANIC

2 \$5
FOR

MUST BUY 2, LIMIT 4 OFFERS



**MAGNOLIA SWEETENED
CONDENSED MILK**
14 OZ. CAN,
REGULAR, FAT FREE

4 \$10
FOR

MUST BUY 4, LIMIT 4 OFFERS



QUAKER OATS
42 OZ. CONT.,
QUICK, OLD FASHIONED

\$4.99
ea.



**WESSON
COOKING OIL**
128 OZ. CONT.,
CORN, CANOLA,
VEGETABLE

\$11.99
ea.

LIMIT 4 OFFERS



**CAROLINA
LONG GRAIN RICE**
20 LB. BAG,
WHITE, PARBOILED

\$11.99
ea.

LIMIT 4 OFFERS



**HEINZ
TOMATO KETCHUP**
20 OZ. SQUEEZE

2 \$5
FOR

MUST BUY 2, LIMIT 4 OFFERS



**BUMBLE BEE
CHUNK LIGHT
TUNA**
5 OZ. CAN,
IN OIL, IN WATER

99¢
ea.

LIMIT 4 OFFERS



**CAMPBELL'S
CHUNKY SOUP**
18.6-19 OZ. CAN,
ASST. VAR.

5 \$10
FOR

MUST BUY 5, LIMIT 4 OFFERS



**CLOROX REGULAR OR NO
SPLASH BLEACH**
REGULAR, FRESH MEADOW
OR CLEAN LINEN BLEACH
77 OR 81 FL OZ BTL

\$5.49
ea.

LIMIT 4 OFFERS



BOUNTY PAPER TOWELS
6-12 DOUBLE ROLL, FULL SHEET,
SELECT-A-SIZE,
221-270 SQ. FT. PKG.

\$12.99
ea.

LIMIT 4 OFFERS



**SCOTT
BATH TISSUE**
WHITE, 30 ROLLS,
5240 SQ. FT. PKG.

\$23.99
ea.

LIMIT 4 OFFERS

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!



**EGGLAND'S BEST
LARGE WHITE EGGS**
1 DOZEN CRTN.,
GRADE A

\$1.99
ea.

LIMIT 4 OFFERS



**CRACKER BARREL
CHUNK CHEESE**
7-8 OZ. PKG., ASST. VAR.,
EXCLUDES CHEESE CUTS & SLICES

2 \$5
FOR

MUST BUY 2, LIMIT 4 OFFERS



POLLY-O MOZZARELLA
WHOLE MILK, PART SKIM,
SLICED, 16 OZ. PKG.,
OR RICOTTA
32 OZ. CONT.

\$3.99
ea.

LIMIT 4 OFFERS



**TROPICANA
PURE PREMIUM
ORANGE JUICE**
46 OZ. BTL,
ORIGINAL, LIGHT,
GRAPEFRUIT,
ASST. VAR.

\$3.99
ea.



**YOPLAIT
YOGURT**
4-6 OZ. CONT.,
ASST. VAR.

10 \$7
FOR



**COFFEE MATE
CREAMERS**
32 OZ. CONT.,
ASST. VAR.

\$3.99
ea.

**LOCALLY
OWNED & OPERATED**

Shop Online Thru Our Website

KeyFoodMan.com

**CURBSIDE PICKUP AVAILABLE!
ORDER ONLINE OR CALL OUR STORES**

Fresh PRODUCE

GIORGIO WHITE MUSHROOMS
VALUE SIZE, 16 OZ. PKG., WHOLE, SLICED

3 \$10
FOR

FRESH EXPRESS GARDEN SALAD, OLD FASHIONED COLESLAW, CABBAGE SHREDS OR RED CABBAGE
8-14 OZ. BAG

\$1.99
ea.

FRESH ATTITUDE SALADS
FAMILY SIZE, 11 OZ. PKG., ASST. VAR.

\$4.99
ea.

TASTEE CANDY APPLES
ASST. VAR.

2 \$4
FOR

SENECA APPLE CHIPS
2.5-3 OZ. BAG, ASST. VAR.

2 \$4
FOR

ZEIGLER'S APPLE CIDER
64 OZ. CONT., ASST. VAR.

\$3.99
ea.

OLIPOP PREBIOTIC HEALTHY SODA
12 OZ. CANS, ASST. VAR.

2 \$4
FOR

Fresh Cut MEAT & FISH

PERDUE OVEN STUFFER ROASTERS
GRADE A 5-7 LB. AVG.

\$1.49
lb.

COUNTY LINE CHICKEN WINGS
3 LB. BAG, FROZEN

\$5.99
ea.

URBAN MEADOW BACON
16 OZ. PKG., ASST. VAR.

\$5.99
ea.

BUTTERBALL BACON
12 OZ. PKG., EVERYDAY OR LOWER SODIUM

2 \$7
FOR

98% LEAN GROUND TURKEY BUTTERBALL FRESH
16 OZ. PKG.

\$8.99
ea.

FRESH ATLANTIC SALMON FILLET
FARM RAISED

\$11.99
lb.

AQUA STAR PEELED & DEVEINED RAW SHRIMP
31-40 CT., 2 LB. BAG.

\$17.99
ea.

Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

MAGNIFICO GENOA SALAMI
SLICED TO ORDER

\$7.99
lb.

BOAR'S HEAD HUMMUS
8 OZ. CNTR., ASST. VAR.

2 \$6
FOR

Store Made CHICKEN WINGS OR TENDERS
ASST. VAR.

\$9.99
lb.

Store Made BBQ ST. LOUIS RIBS

\$9.99
lb.

Store Made SEAFOOD SALAD

\$9.99
lb.

Store Made ASIAN STYLE SESAME NOODLES

\$7.99
lb.

SUPERIOR ON MAIN MINI BLACK & WHITE COOKIES
8 OZ. PKG.

\$3.99
ea.

FRESH PIES
22-24 OZ. PKG., PUMPKIN OR COCONUT CUSTARD

\$5.99
ea.

CHECK OUT OUR **NEW PARTY MENU** ONLINE at **KeyFoodMan.com** or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

PHILADELPHIA CREAM CHEESE
8 OZ. PKG., ORIGINAL, LESS FAT

2 \$6
FOR

URBAN MEADOW BUTTER QUARTERS
16 OZ. BOX, SALTED, UNSALTED

\$2.99
ea.

KRAFT SHREDDED, SLICED OR CHUNK CHEESE
7-8 OZ. PKG., ASST. VAR., PREPARED OR REGULAR

2 \$5
FOR

TROPICANA REFRESHERS OR LEMONADE
46 OZ. BTL., ASST. VAR.

2 \$5
FOR

ACTIVIA YOGURT
4 PACKS, 16 OZ. PKG., ASST. VAR.

2 \$6
FOR

STONYFIELD ORGANIC MILK
64 OZ. CONT., ASST. VAR., EXCLUDES GRASSFED MILK

\$4.99
ea.

FRIENDSHIP SOUR CREAM
16 OZ. CONT., REGULAR ONLY

\$2.99
ea.

FROZEN Foods

EGGO THICK & FLUFFY WAFFLES
11.6 OZ. BOX, ASST. VAR., EXCLUDES OTHER VARIETIES

2 \$7
FOR

MCCAIN CRAFT BEER ONION RINGS
14 OZ. BAG, OR POTATOES 19-32 OZ. BAG, ASST. VAR.

2 \$7
FOR

URBAN MEADOW STEAMABLE VEGETABLES
12 OZ. BAG, ASST. VAR.

2 \$3
FOR

YUMMY ALL-NATURAL CHICKEN SNACKS
20.8-24 OZ. PKG., ASST. VAR.

\$4.99
ea.

TOWER ISLE JAMAICAN STYLE BEEF PATTIES
3 CT., 15 OZ. BOX, HOT OR REGULAR

\$5.99
ea.

TALENTI SORBETTO OR GELATO
16 OZ. CONT., ASST. VAR., EXCLUDES TALENTI LAYERS

2 \$8
FOR

BREYERS ICE CREAM
4.6 OZ. CONT., ASST. VAR.

2 \$8
FOR

IN-STORE GROCERY Savings

MAXWELL HOUSE GROUND COFFEE
9.9-11.5 OZ. CAN., ASST. VAR., EXCLUDES DECAF

\$3.99
ea.

URBAN MEADOW GRANULATED SUGAR
4 LB. BAG

\$3.49
ea.

HELLMANN'S MAYONNAISE
11.5 OZ. BTL., ASST. VAR.

\$3.99
ea.

COLAVITA PASTA
16 OZ. PKG., ASST. VAR., EXCLUDES NESTS, LONG FUSILLI

5 \$5
FOR

RAGU PASTA, ALFREDO OR CHEESE SAUCE
16-24 OZ. JAR, ASST. VAR., INCLUDES SIMPLY

2 \$4
FOR

REDPACK PUREE SAUCE, OR TOMATOES
28-29 OZ. CAN., ASST. VAR.

3 \$5
FOR

LIBBY'S VIENNA SAUSAGE
4.6 OZ. CAN., REGULAR, CHICKEN, BBQ CHICKEN

5 \$4
FOR

DORITOS TORTILLA CHIPS
6-11.5 OZ. BAG, ASST. VAR.

\$3.99
ea.

MADEGOOD GRANOLA BARS
4.25-8.5 OZ. PKG., ASST. VAR.

2 \$7
FOR

TOWN HOUSE OR TOASTED CRACKERS
9-13.8 OZ. BOX, ASST. VAR.

BUY ONE GET ONE FREE
2 FOR \$6.29

VINTAGE CLUB SODA, TONIC, DIET TONIC, OR SELTZER
1 LITER, 33.8 OZ. BTL., ASST. VAR., +TAX+DEP

5 \$3
FOR

GATORADE THIRST QUENCHER
28 OZ. BTL., ASST. VAR.

2 \$4
FOR

SNAPPLE ICED TEA OR JUICE
64 OZ. BTL., ASST. VAR.

2 \$5
FOR

PEPSI OR SCHWEPES SODA
2 LITER, 67.6 OZ. BTL., ASST. VAR., +TAX+DEP

2 \$5
FOR

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website

KeyFoodMan.com

We reserve the right to limit 1 per Family. Prices effective this store only. Not responsible for typographic errors. Some pictures are for design purposes only and do not necessarily represent items on sale. PG 2