



JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

AUGUST 2026

FRI **21**

SAT **22**

SUN **23**

MON **24**

TUE **25**

WED **26**

THU **27**

5% SENIOR DISCOUNT EVERY TUESDAY!
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

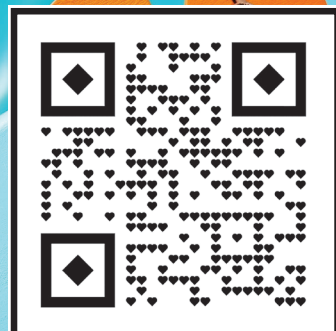
WE ACCEPT EBT
NO CLUB CARD NEEDED!

OTC
Network

Summer BLUES

HOME DELIVERY
CHOOSE US ON
instacart **mercato**
DOORDASH **Uber Eats**
KeyFoodMan.com
OR CALL THE STORE FOR
PHONE ORDERS
Curbside Pickup Available!

SCAN THE QR CODE TO SHOP ONLINE



Fresh Cut MEAT

Delicious DELI

ALL DELI MADE FRESH DAILY!

FRESH BONELESS CHICKEN BREAST
USDA GOVT. INSPECTED
FAMILY PACK
Store Made
THIN-SLICED CHICKEN BREASTS... \$3.99 LB.

\$1.99 lb.

INSPECTED U.S. DEPARTMENT OF AGRICULTURE

FRESH BONE-IN CENTER CUT PORK CHOPS

\$2.49 lb.

FRESH CHICKEN WINGS
STORE PACK USDA GOVT. INSPECTED
JUMBO PACK

\$2.99 lb.

INSPECTED U.S. DEPARTMENT OF AGRICULTURE

BEEF BONE-IN CHUCK STEAKS
USDA CHOICE

\$6.99 lb.

USDA CHOICE

BOAR'S HEAD HONEY/MAPLE HAM

\$10.99 lb.

LAND O LAKES AMERICAN CHEESE
YELLOW, WHITE

\$5.99 lb.

URBAN MEADOW MÜNSTER CHEESE

\$4.99 lb.

Our Own ROASTED TURKEY BREAST

\$8.99 lb.

ALL STORES HAVE A CHEF ON PREMISES!

Fresh PRODUCE

WHOLE SEEDLESS WATERMELON
10-12 LB. AVG.

\$4.99 ea.

Great on the Grill!
YELLOW, OR BI-COLOR CORN

5 \$3 FOR

HALO SEEDLESS CLEMENTINES
2 LB. BAG

\$3.99 ea.

FRESH EXPRESS GARDEN SALAD
12 OZ. PKG., OR GRIMMWAY FARMS SHREDDED CARROTS, 10 OZ. PKG.

\$1.99 ea.

RED ROMA TOMATOES

\$1.49 lb.

IN-STORE GROCERY Savings

POLAND SPRING SPRING WATER
24 PACK, 16.9 OZ. BTL., 405.6 OZ. PKG., +TAX +DEP

3 \$12.99 FOR

MUST BUY 3, LIMIT 2 OFFERS

APPLE & EVE APPLE JUICE
64 OZ. BTL., NATURAL, CLEAR, EXCLUDES SESAME STREET & ORGANIC

2 \$5 FOR

MUST BUY 2, LIMIT 4 OFFERS

ARIZONA ICED TEA OR JUICE
128 OZ. CONT., ASST. VAR.

2 \$5 FOR

MUST BUY 2, LIMIT 4 OFFERS

OCEAN SPRAY CRANBERRY JUICE COCKTAIL
64 OZ. BTL., ASST. VAR., EXCLUDES 100% JUICE

\$2.99 ea.

WESSON COOKING OIL
128 OZ. CONT., CORN, CANOLA, VEGETABLE

\$11.99 ea.

LIMIT 4 OFFERS

STARKIST CHUNK LIGHT TUNA
5 OZ. CAN IN OIL, IN WATER, LOW SODIUM

3 \$3 FOR

MUST BUY 3, LIMIT 4 OFFERS

CAROLINA LONG GRAIN RICE
20 LB. BAG, WHITE, PARBOILED

\$11.99 ea.

LIMIT 4 OFFERS

RONZONI PASTA
12-16 OZ. BOX, ASST. VAR., EXCLUDES GLUTEN FREE, LASAGNA, JUMBO SHELLS, DITALINI, PASTINA, EGG NOODLES

4 \$5 FOR

MUST BUY 4, LIMIT 2 OFFERS

BARILLA PASTA SAUCE
24 OZ. JAR, ASST. VAR.

2 \$5 FOR

KRAFT MAC & CHEESE BOXES OR CUPS
5.5-7.3 OZ. BOX, ASST. VAR., 2.05 OZ. CUP, KRAFT ORIGINAL, 2.39 OZ. CUP, VELVEETA SHELLS CUP, EXCLUDES GLUTEN FREE & PLANT BASED

4 \$5 FOR

MUST BUY 4, LIMIT 4 OFFERS

CHIPS AHOY! COOKIES
9.5-13 OZ. PKG., ASST. VAR.

2 \$5 FOR

MUST BUY 2, LIMIT 4 OFFERS

TOWN HOUSE CRACKERS
9-13.8 OZ. BOX, ASST. VAR.

BUY ONE GET ONE FREE
2 FOR \$6.29

LIMIT 4 OFFERS

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

TROPICANA TWISTER ADES OR PUNCH
59 OZ. CONT., ASST. VAR.

\$1.99 ea.

TROPICANA PURE PREMIUM ORANGE JUICE
46 OZ. BTL., ORIGINAL, LIGHT, GRAPEFRUIT, ASST. VAR.

\$3.99 ea.

COFFEE MATE CREAMERS
32 OZ. CONT., ASST. VAR.

\$3.99 ea.

STONYFIELD ORGANIC MILK
64 OZ. CONT., ASST. VAR., EXCLUDES GRASSFED MILK

\$4.99 ea.

BREAKSTONE'S BUTTER QUARTERS
16 OZ. PKG., SALTED, UNSALTED

\$3.99 ea.

PHILADELPHIA SOFT OR WHIPPED CREAM CHEESE
7.5-8 OZ. CONT., ASST. VAR.

\$3.99 ea.

LIMIT 2 OFFERS

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website

KeyFoodMan.com

CURBSIDE PICKUP AVAILABLE!
ORDER ONLINE OR CALL OUR STORES

Fresh PRODUCE

SEEDLESS CUCUMBERS

3 \$5 FOR

JUICY PEACHES OR NECTARINES
YELLOW, WHITE, CALIFORNIA

\$1.99 lb.

ZESPRI GOLD KIWI
1 LB. CLAMSHELL

\$5.99 ea.

SUMMER NAVEL ORANGES

4 \$5 FOR

NATALIE'S JUICE
ASST. VAR. 32 OZ.

\$6.99 ea.

FRESH BROCCOLI CROWNS

\$1.99 lb.

Fresh Cut MEAT & FISH

FRESH BONELESS PORK TENDERLOIN

\$3.99 lb.

COUNTY LINE CHICKEN WINGS
3 LB. BAG, FROZEN

\$4.99 ea.

PREMIO ITALIAN SAUSAGE
16 OZ. PKG., SWEET, HOT

\$4.99 ea.

85% LEAN GROUND TURKEY
BUTTERBALL FRESH, 16 OZ. PKG.

\$4.99 ea.

BALL PARK BEEF FRANKS
ASST. VAR. 15 OZ. PKG.

\$4.99 ea.

BACALA RICO SALTED POLLOCK FILLETS
12 OZ. PKG.

\$4.99 ea.

NORTH ATLANTIC SALMON FILLET
FRESH

\$9.99 lb.

Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

COMBO: SMITHFIELD HAM & URBAN MEADOW SWISS CHEESE
1/2 LB. OF EACH

\$6.99 lb.

COMBO: BOAR'S HEAD CLASSIC CHICKEN BREAST & VERMONT CHEDDAR CHEESE
1/2 LB. OF EACH

\$10.99 lb.

BOAR'S HEAD CRACKED PEPPER TURKEY BREAST

\$13.99 lb.

Our Own POTATO SALAD, MACARONI SALAD OR COLESLAW
WITH HELLMAN'S MAYONNAISE

\$3.99 lb.

Grab & Go! Store Made WRAPS
WITH SIDE SALAD, ASST. VAR.

\$8.99 ea.

Store Made SOLID WHITE TUNA SALAD

\$8.99 lb.

Store Baked BRIDOR FRENCH BAGUETTES
12.3 OZ.

\$2.99 ea.

8 IN. APPLE PIE
24 OZ. PKG.

\$5.99 ea.

CHECK OUT OUR **NEW PARTY MENU** ONLINE at **KeyFoodMan.com** or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

PLANET OAT OATMILK OR CREAMERS
32-52 OZ. CONT., ASST. VAR.

2 \$6 FOR

KRAFT SINGLES
16 OZ. PKG., YELLOW, WHITE, EXTRA THICK, EXTRA THIN, EXCLUDES FAT FREE

\$3.99 ea.

FAGE TOTAL GREEK YOGURT
32 OZ. CONT., 0%, 2%, 5%

\$5.99 ea.

GO-GURT SQUEEZE YOGURT
16 OZ. PKG., ASST. VAR.

\$2.99 ea.

I CAN'T BELIEVE IT'S NOT BUTTER
8-16 OZ. CONT., ASST. VAR.

\$4.99 ea.

DAISY COTTAGE CHEESE
10.6 OZ. 2-PACK PKG., LOW FAT, 2%, 4%

\$2.99 ea.

DAISY SOUR CREAM
16 OZ. CONT., REGULAR, LIGHT

\$2.99 ea.

FROZEN Foods

URBAN MEADOW VEGETABLES
16 OZ. BAG, ASST. VAR.

2 \$4 FOR

EGGO WAFFLES, FRENCH TOAST, OR PANCAKES
8.4-14.8 OZ. BOX, ASST. VAR., EXCLUDES THICK & FLUFFY, PROTEIN & FAMILY SIZE

2 \$6 FOR

URBAN MEADOW FROZEN FRUIT
12-16 OZ. PKG., ASST. VAR., EXCLUDES RASPBERRIES, SLICED PEACHES

2 \$6 FOR

HUNGRY-MAN DINNERS
14-16 OZ. PKG., ASST. VAR., EXCLUDES SELECTS

\$4.99 ea.

OUTSHINE YOGURT BARS
PEACH OR STRAWBERRY, 10.6-14.7 OZ. BOX, OR FRUIT BARS, 10.6-14.7 FL. OZ. BOX, ASST. VAR., EXCLUDES SCOOPS

2 \$8 FOR

BEN & JERRY'S ICE CREAM
10.1-16 OZ. CONT., ASST. VAR., INCLUDING NON-DAIRY

2 \$8 FOR

BREYERS ICE CREAM
48 OZ. CONT., ASST. VAR.

2 \$8 FOR

IN-STORE GROCERY Savings

CAFE BUSTELO ESPRESSO GROUND COFFEE
10 OZ. BRICK

\$5.99 ea.

CHOCK FULL O'NUTS GROUND COFFEE
10.2-11.3 OZ. CAN, ASST. VAR., EXCLUDES DECAF

\$4.99 ea.

BUMBLE BEE Wild Caught PINK SALMON
14.75 OZ. CAN

\$3.99 ea.

LIBBY'S VIENNA SAUSAGE
4.6 OZ. CAN, REGULAR, CHICKEN, BBQ CHICKEN

5 \$4 FOR

NUTRAMENT ENERGY NUTRITION DRINKS
11 FL. OZ. CAN, ASST. VAR.

3 \$5 FOR

URBAN MEADOW EVAPORATED MILK
12 OZ. CAN, REGULAR, FAT FREE

4 \$5 FOR

SCOTT BATH TISSUE
WHITE, 8 ROLLS, 838.4 SQ. FT. PKG.

\$6.99 ea.

BOUNTY PAPER TOWELS
6-12 DOUBLE ROLL, SELECT-A-SIZE, 291 SQ. FT. PKG.

\$9.99 ea.

CANADA DRY, A&W, SUNKIST, OR 7UP SODA
2 LITER, 67.6 OZ. BTL., ASST. VAR., +TAX+DEP

2 \$5 FOR

VINTAGE SELTZER
12 PACK, 12 OZ. CANS, 144 OZ. PKG., PLAIN, LEMON, MANDARIN, +TAX+DEP

2 \$8 FOR

CHEETOS CRUNCHY SNACKS
6.5-10 OZ. BAG OR FRITOS CORN CHIPS 9-10 OZ. BAG OR RUFFLES CHIPS 5.25-9.625 OZ. BAG, ASST. VAR.

\$3.99 ea.

SKINNY POP POPCORN
4.4-5.3 OZ. BAG, ASST. VAR.

2 \$7 FOR

MADEGOOD GRANOLA BARS
4.25-5.1 OZ. PKG., ASST. VAR.

2 \$7 FOR

PEPPERIDGE FARM MILANO COOKIES
4.75-7.5 OZ. PKG., ASST. VAR.

\$4.99 ea.

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website

KeyFoodMan.com

We reserve the right to limit 1 per family. Prices effective this store only. Not responsible for typographic errors. Some pictures are for design purposes only and do not necessarily represent items on sale.