



JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

AUGUST 2026

FRI **14**

SAT **15**

SUN **16**

MON **17**

TUE **18**

WED **19**

THU **20**

5% SENIOR DISCOUNT EVERY TUESDAY!
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

WE ACCEPT EBT
NO CLUB CARD NEEDED!

OTC
Network

Last splash of SUMMER

HOME DELIVERY
CHOOSE US ON
instacart **mercato**
DOORDASH **Uber Eats**
KeyFoodMan.com
OR CALL THE STORE FOR
PHONE ORDERS
Curbside Pickup Available!



Fresh Cut MEAT

**BEEF BONELESS
TOP ROUND
LONDON BROIL
USDA CHOICE**



\$6.99
lb.

**FRESH PORK
SPARE RIBS
FAMILY PACK**



\$2.99
lb.

**FRESH CHICKEN
DRUMSTICKS
PERDUE GRADE A
JUMBO PACK**



\$1.29
lb.

**BEEF BONE-IN
SHELL STEAKS
USDA CHOICE**



\$12.99
lb.

Delicious DELI

ALL DELI MADE FRESH DAILY!

**COMBO: BOAR'S HEAD
LOW SALT HAM &
LACEY SWISS
1/2 LB. OF EACH**



\$9.99
lb.

Your Choice!
**URBAN MEADOW
CHEESE
MUENSTER,
PROVOLONE,
MOZZARELLA**



\$4.99
lb.

**CAROLINA
TURKEY BREAST**



\$6.99
lb.

**GLAZED
DONUTS
24 OZ. PKG.**



\$4.99
ea.

ALL STORES HAVE A **CHEF ON PREMISES!**

Fresh PRODUCE

**LARGE
HASS AVOCADOS
FRESH FROM MEXICO,
GREAT FOR GUACAMOLE**



4 \$5
FOR

**RED OR GREEN
SEEDLESS GRAPES
CALIFORNIA, EXTRA LARGE**



\$2.99
lb.

**SWEET JUMBO
CANTALOUPE
CALIFORNIA**



\$2.99
ea.



**NAVEL
ORANGES
3 LB. BAG**

\$3.99
ea.



**OLIPOP
PREBIOTIC
HEALTHY SODA
12 OZ. CANS,
ASST. VAR.**

2 \$4
FOR

IN-STORE GROCERY Savings

**PURE LIFE
PURIFIED WATER
28 PACK, 16.9 OZ. BTL.,
473.2 OZ. PKG.**



3 \$12.99
FOR

MUST BUY 3, LIMIT 1 OFFER

**SKIPPY
PEANUT BUTTER
15-16.3 OZ. JAR,
ASST. VAR.**



\$1.99
ea.

LIMIT 4 OFFERS

**URBAN MEADOW
COOKING OIL
96 OZ. CONT.,
CANOLA OR VEGETABLE**



\$8.99
ea.

LIMIT 4 OFFERS

**WISH-BONE
SALAD DRESSING
8 OZ. BTL.,
ASST. VAR.**



2 \$3
FOR

MUST BUY 2, LIMIT 4 OFFER

**LUIGI VITELLI
IMPORTED PASTA
16 OZ. PKG.,
ASST. VAR.,
EXCLUDES FIDEOS & ORGANIC WHOLE
WHEAT**



4 \$5
FOR

MUST BUY 4, LIMIT 4 OFFERS

**RAGU PASTA,
ALFREDO OR
CHEESE SAUCE
16-24 OZ. JAR,
ASST. VAR.,
INCLUDES SIMPLY**



2 \$4
FOR

MUST BUY 2, LIMIT 4 OFFERS

**BUMBLE BEE
SOLID WHITE TUNA
5 OZ. CAN,
IN OIL, IN WATER, LOW SODIUM**



3 \$5
FOR

MUST BUY 3, LIMIT 4 OFFERS

**URBAN MEADOW
EVAPORATED MILK
12 OZ. CAN,
REGULAR, FAT FREE**



4 \$5
FOR

MUST BUY 4, LIMIT 4 OFFERS

**NABISCO
CHIPS AHOY! OR
OREO COOKIES
9.31-19.5 OZ. PKG.,
ASST. VAR.,
FAMILY SIZE**



2 \$9
FOR

MUST BUY 2, LIMIT 4 OFFERS

**TIDE
SIMPLY DETERGENT
31-32 FL. OZ. CONT.,
ASST. VAR.**



\$2.74
ea.

LIMIT 4 OFFERS

**BOUNTY PAPER TOWELS
6-12 DOUBLE ROLL, FULL SHEET,
SELECT-A-SIZE,
221-270 SQ. FT. PKG.**



\$12.99
ea.

LIMIT 4 OFFERS

**SCOTT
BATH TISSUE
WHITE, 20 ROLLS,
2096 SQ. FT. PKG.**



\$15.99
ea.

LIMIT 4 OFFERS

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

**EGGLAND'S BEST
LARGE WHITE EGGS
1 DOZEN CRTN.,
GRADE A**



\$1.99
ea.

LIMIT 4 OFFERS

**MINUTE MAID
ZERO SUGAR JUICE
52 OZ. BTL.,
ASST. VAR.**



2 \$6
FOR

**OIKOS, OIKOS TRIPLE
ZERO, TWO GOOD, OR
LIGHT & FIT
GREEK YOGURT
4.5-5.3 OZ. CONT., ASST. VAR.
INCLUDES REMIX,
EXCLUDES OIKOS PRO
COMPLETE PROTEIN**



4 \$5
FOR

**FARMLAND
ORGANIC MILK
64 OZ. CONT.,
WHOLE, 2%, FAT FREE**



\$4.99
ea.

**BREAKSTONE'S BUTTER
QUARTERS OR SPREADS
8 OZ. PKG., SALTED QUARTERS,
UNSALTED QUARTERS, WITH CANOLA
SPREAD, SALTED SPREAD, UNSALTED
SPREAD**



\$2.99
ea.

**PHILADELPHIA
CREAM CHEESE
2 PACK, 16 OZ. PKG.,
BRICK**



\$5.99
ea.

LIMIT 4 OFFERS

**LOCALLY
OWNED & OPERATED**

Shop Online Thru Our Website

KeyFoodMan.com

**CURBSIDE PICKUP AVAILABLE!
ORDER ONLINE OR CALL OUR STORES**

Fresh PRODUCE

WHOLE SEEDLESS WATERMELON
10-12 LB. AVG.

\$5.99
ea.

FRESH GREEN KIWIS
2 LB. CLAMSHELL

\$6.99
ea.

FRESH GREEN ONIONS
SCALLIONS

99¢
ea.

SEEDLESS CUCUMBERS

3 \$5
FOR

HOUSE FOODS TOFU
15-16 OZ. PKG.,
REGULAR, FIRM,
EXTRA FIRM, SOFT

3 \$5
FOR

ORGANIC GIRL SALADS
4-6 OZ.
ASST. VAR.

\$3.99
ea.

Fresh Cut MEAT & FISH

FRESH CHICKEN THIGHS
PERDUE GRADE A
JUMBO PACK

\$1.69
lb.

FRESH BONELESS CENTER CUT PORK CHOPS
FAMILY PACK

\$2.99
lb.

93% LEAN GROUND TURKEY
BUTTERBALL FRESH,
16 OZ. PKG.

\$5.99
ea.

GROUND CHICKEN
PERDUE FRESH,
3 LB. PKG. **FAMILY PACK**,
EXCLUDES 98% LEAN, GROUND BREST

\$9.99
ea.

MARC'ANGELO KEBABS
ASST. VAR.
11:28 OZ. PKG.

\$6.99
ea.

BUENA VENTURA SALTED POLLACK FILLETS
16 OZ. PKG.

\$5.99
ea.

Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

BOAR'S HEAD SALSALITO TURKEY BREAST

\$13.99
lb.

BOAR'S HEAD PEPPER JACK CHEESE

\$8.99
lb.

MAGNIFICO GENOA SALAMI
SLICED TO ORDER

\$7.99
lb.

BELGIOIOSO CHEESE CUPS
5 OZ. CONT.,
ASST. VAR.

\$3.99
ea.

CEDAR'S HOMMUS
8 OZ. CONT.,
ASST. VAR.

2 \$6
FOR

Store Made GENERAL TSO OR ORANGE CHICKEN

\$8.99
lb.

BUTTERBALL HONEY TURKEY BREAST

\$8.99
lb.

BAKERY FRESH CRUMB CAKES
8 IN., 20 OZ. PKG.,
ASST. VAR.

\$6.99
ea.

CHECK OUT OUR **NEW PARTY MENU** ONLINE at **KeyFoodMan.com** or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

BORDEN CHEESE SINGLES
16 OZ. PKG.,
YELLOW AMERICAN PREPRICED

\$3.99
ea.

TURKEY HILL AIDES OR ICED TEA
64 OZ. CONT.,
REGULAR, ZERO SUGAR
ASST. VAR.

\$2.49
ea.

LIFEWAY LOW FAT KEFIR
32 OZ. BTL.,
ASST. VAR.

\$3.99
ea.

ACTIVIA YOGURT
4 PACKS, 16 OZ. PKG.,
ASST. VAR.

2 \$6
FOR

IMPERIAL SPREAD
45 OZ. CONT.,
REGULAR

\$4.49
ea.

FRIENDSHIP COTTAGE CHEESE
16 OZ. CONT.,
ASST. VAR.

\$3.99
ea.

FRIENDSHIP SOUR CREAM
16 OZ. CONT.,
REGULAR

\$2.99
ea.

FROZEN Foods

EGGO WAFFLES OR BUTTERMILK PANCAKES
23.2-29.6 OZ. BOX,
ASST. VAR.,
EXCLUDES ALL OTHER VARIETIES

\$5.99
ea.

MCCAIN CRAFT BEER ONION RINGS
14 OZ. BAG, OR
POTATOES
19-32 OZ. BAG,
ASST. VAR.

2 \$7
FOR

URBAN MEADOW STEAMABLE VEGETABLES
12 OZ. BAG,
ASST. VAR.

2 \$3
FOR

GREEN GIANT CHOPPED SAUCED VEGETABLES
7-8 OZ. PKG.,
ASST. VAR.,
NO SAUCE CHOPPED
SPINACH, GREEN
BEANS WITH
ALMONDS

2 \$3
FOR

LUIGI'S ITALIAN WATER ICES
ASST. VAR.
6 PACK, 36 FL. OZ. BOX

\$2.49
ea.

MY MOCHI ICE CREAM
7.5-9.1 OZ. PKG.,
ASST. VAR.

2 \$6
FOR

TURKEY HILL ICE CREAM
46 OZ. CONT., ASST. VAR.,
EXCLUDES SIMPLY NATURAL

2 \$6
FOR

IN-STORE GROCERY Savings

MAXWELL HOUSE GROUND COFFEE
23.1-33.1 OZ. CONT.,
MAXWELL ASST. VAR.,
EXCLUDES DECAF

\$12.99
ea.

BUMBLE BEE Wild Caught PINK SALMON
14.75 OZ. CAN

\$3.99
ea.

CHICKEN OF THE SEA CHUNK WHITE TUNA
5 OZ. CAN,
IN OIL, IN WATER

3 \$3
FOR

CAROLINA LONG GRAIN RICE
10 LB. BAG,
WHITE, PARBOILED

\$8.99
ea.

URBAN MEADOW OATS
42 OZ. CONT.,
OLD FASHIONED, QUICK

\$3.99
ea.

NUTELLA SPREADS
13 OZ. CONT.,
CHOCOLATE NUT,
PEANUT

\$4.99
ea.

POLAND SPRING SPRING WATER
GALLON, 128 OZ. CONT.

\$2.49
ea.

GATORADE THIRST QUENCHER
28 OZ. BTL.,
ASST. VAR.

2 \$4
FOR

SNAPPLE ICED TEA OR JUICE
64 OZ. BTL.,
ASST. VAR.

2 \$4
FOR

PEPSI SODA
2 LITER, 67.6 OZ. BTL.,
ASST. VAR.,
+TAX+DEP

2 \$5
FOR

KEEBLER SANDWICH CRACKERS
11 OZ. PKG., OR
CHEEZ-IT CRACKERS,
7 OZ. BOX, ASST. VAR.

3 \$7
FOR

SKINNY POP POPCORN
4.4-5.3 OZ. BAG,
ASST. VAR.

\$3.99
ea.

TOSTITOS TORTILLA CHIPS
9-14.425 OZ. BAG,
ASST. VAR.

\$3.99
ea.

ENTENMANN'S LOAF CAKES
11.5-16 OZ. BOX,
ASST. VAR.

\$2.99
ea.

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website

KeyFoodMan.com

We reserve the right to limit 1 per family. Prices effective this store only. Not responsible for typographic errors. Some pictures are for design purposes only and do not necessarily represent items on sale.