



JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

**SCAN THE
QR CODE
TO SHOP ONLINE**



JULY/AUG 2026 FRI **31** SAT **1** SUN **2** MON **3** TUE **4** WED **5** THU **6**

**5% SENIOR
DISCOUNT
EVERY TUESDAY!**
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

WE ACCEPT EBT **OTC**
NO CLUB CARD NEEDED! Network

**SUMMER HEAT
DEALS**

HOME DELIVERY
CHOOSE US ON
instacart **mercato**
DOORDASH **Uber Eats**
KeyFoodMan.com
OR CALL THE STORE FOR
PHONE ORDERS
Curbside Pickup Available!

Fresh Cut MEAT

**BEEF BONELESS
TOP ROUND
LONDON BROIL
USDA CHOICE**



\$6.99
lb.

**FRESH PORK
SPARE RIBS
FAMILY PACK**



\$2.99
lb.

**FRESH CHICKEN
DRUMSTICKS
PERDUE GRADE A
JUMBO PACK**



\$1.29
lb.

**BEEF BONE-IN
SHELL STEAKS
USDA CHOICE**



\$12.99
lb.

Delicious DELI

ALL DELI MADE FRESH DAILY!



**BOAR'S HEAD
AMERICAN CHEESE**

\$6.99
lb.



**BELGIOIOSO
MOZZARELLA LOGS**
16 OZ. PKG.,
ASST. VAR.

\$4.99
ea.

**DI LUSSO
DELUXE HAM**



\$6.99
lb.

**Store Made
TRADITIONAL
ROTISSERIE CHICKEN**
100% ALL NATURAL,
NO ANTIBIOTICS



\$7.99
ea.

ALL STORES HAVE A CHEF ON PREMISES!

Fresh PRODUCE

**LARGE
HASS AVOCADOS
GREAT FOR GUACAMOLE**



99¢
ea.

**RED ROMA
TOMATOES**



\$1.49
lb.

Great on the Grill!
**YELLOW OR BI-COLOR
CORN**



4 \$2
FOR

**WHOLE SEEDLESS
WATERMELON
10-12 LB. AVG.**



\$5.99
ea.

**JUICY PEACHES
OR NECTARINES
YELLOW, WHITE,
CALIFORNIA**



\$1.99
lb.

IN-STORE GROCERY Savings



**PURE LIFE
PURIFIED WATER**
28 PACK, 16.9 OZ. BTL.,
473.2 OZ. PKG.

3 \$12.99
FOR

MUST BUY 3, LIMIT 1 OFFER



GOYA BEANS
15.5 OZ CAN, DARK RED KIDNEY,
BLACK, PINK, RED KIDNEY, PINTO,
SMALL RED, ROMAN, CHICK PEAS
EXCLUDES LOW SODIUM OR ORGANIC

5 \$5
FOR

MUST BUY 5, LIMIT 2 OFFERS



**APPLE & EVE
APPLE JUICE**
64 OZ. BTL.,
NATURAL, CLEAR,
EXCLUDES SESAME
STREET & ORGANIC

2 \$5
FOR

MUST BUY 2, LIMIT 4 OFFERS



**MAXWELL HOUSE
GROUND COFFEE**
9.9-11.5 OZ. CAN,
ASST. VAR.,
EXCLUDES DECAF

\$3.99
ea.

LIMIT 4 OFFERS



**WESSON
COOKING OIL**
128 OZ. CONT.,
CORN, CANOLA, VEGETABLE

\$11.99
ea.

LIMIT 4 OFFERS



**SWEET BABY RAY'S
BBQ OR DIPPING
SAUCE**
14-18 OZ. BTL.,
ASST. VAR.

2 \$5
FOR

MUST BUY 2, LIMIT 4 OFFERS



**HELLMANN'S
MAYONNAISE**
20 OZ. SQUEEZE,
REGULAR, LIGHT, W/ OLIVE OIL

\$5.99
ea.

LIMIT 2 OFFERS



**CAROLINA
LONG GRAIN RICE**
20 LB. BAG,
WHITE, PARBOILED

\$11.99
ea.

LIMIT 4 OFFERS



**MAGNOLIA SWEETENED
CONDENSED MILK**
14 OZ. CAN,
REGULAR, FAT FREE

4 \$10
FOR

MUST BUY 4, LIMIT 4 OFFERS



**ARM & HAMMER
LAUNDRY DETERGENT**
100.5-144.5 OZ. CONT.,
ASST. VAR.

\$9.99
ea.

LIMIT 4 OFFERS



**SCOTT
BATH TISSUE**
WHITE, 12 ROLLS,
1257.6 SQ. FT. PKG.

\$10.99
ea.

LIMIT 4 OFFERS



BOUNTY PAPER TOWELS
8-20 DOUBLE ROLL, FULL SHEET,
SELECT-A-SIZE, 371-392 SQ. FT. PKG.

\$19.99
ea.

LIMIT 4 OFFERS

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!



**LAND O' LAKES
LARGE BROWN EGGS**
1 DOZEN CRTN.,
GRADE A

\$2.99
ea.

LIMIT 2 OFFERS



**KRAFT
SHREDDED, SLICED
OR CHUNK CHEESE**
7-8 OZ. PKG.,
ASST. VAR.

\$2.49
ea.

LIMIT 4 OFFERS



**TROPICANA
PURE PREMIUM
ORANGE JUICE**
46 OZ. BTL.,
ORIGINAL, LIGHT, GRAPEFRUIT,
ASST. VAR.

\$3.99
ea.



**LACTAID 100%
LACTOSE FREE MILK**
52, 64 OZ. CONT.,
ASST. VAR.

\$3.99
ea.



**CHOBANI
GREEK YOGURT**
4.5-5.3 OZ. CONT.,
BLENDED, FRUIT ON THE
BOTTOM, ZERO OR LESS
SUGAR, EXCLUDES FLIPS,
CREATIONS

4 \$5
FOR



**SILK
ALMONDMILK
CREAMERS**
32 OZ. CONT.,
VANILLA, SWEET &
CREAMY

\$4.49
ea.

**LOCALLY
OWNED & OPERATED**

Shop Online Thru Our Website

KeyFoodMan.com

**CURBSIDE PICKUP AVAILABLE!
ORDER ONLINE OR CALL OUR STORES**

Fresh PRODUCE

FRESH BROCCOLI CROWNS

\$1.99 lb.

FRESH EXPRESS SALAD BAGS
8-11 OZ. BAG, LETTUCE TRIO, SPINACH, PREMIUM ROMAINE, GREEN & CRISP

2 \$5 FOR

SUMMER NAVEL ORANGES
3 LB. BAG

\$3.99 ea.

US #1 GREEN LIMES
SEEDLESS

4 \$1 FOR

GIORGIO SLICED WHITE MUSHROOMS
8 OZ. PKG. *Great on the Grill*

\$1.99 ea.

Fresh Cut MEAT & FISH

98% LEAN GROUND TURKEY BUTTERBALL FRESH, 16 OZ. PKG.

\$8.99 ea.

FRESH BONELESS CENTER CUT PORK CHOPS FAMILY PACK

\$2.99 lb.

FRESH CHICKEN WINGS PERDUE GRADE A JUMBO PACK

\$2.99 lb.

SABRETT OR BALL PARK BEEF FRANKS, 14-15 OZ. PKG.

\$4.99 ea.

URBAN MEADOW BURGERS REGULAR QUARTER POUND, ANGUS, PUB, 2 LB. PKG.

\$11.99 ea.

NORTH ATLANTIC SALMON FILLET FRESH

\$9.99 lb.

Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

BOAR'S HEAD OVEN GOLD TURKEY BREAST

\$13.99 lb.

HORMEL HONEY TURKEY BREAST

\$10.99 lb.

MAGNIFICO GENOA SALAMI SLICED TO ORDER

\$7.99 lb.

BELGIOIOSO CHEESE WEDGES 8 OZ. PKG., ASST. VAR.

\$4.99 ea.

REDSKIN POTATO SALAD

\$3.99 lb.

Store Made TOMATO & CILIEGINE SALAD

\$7.99 lb.

OUR FIRE ROASTED ST. LOUIS BBQ RIBS

\$9.99 lb.

EURO CLASSIC HAMBURGER OR HOT DOG BUNS 7.05-9.52 OZ. PKG.

2 \$7 FOR

CHECK OUT OUR **NEW PARTY MENU** ONLINE at **KeyFoodMan.com** or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

TURKEY HILL AIDES OR ICED TEA 64 OZ. CONT., REGULAR, ZERO SUGAR, ASST. VAR.

\$2.49 ea.

KERRYGOLD BUTTER OR SOFT BUTTER 7.5-8 OZ. PKG. OR TUB, ASST. VAR.

\$4.99 ea.

BEST YET CREAM CHEESE BAR REGULAR 8 OZ. PKG.

\$1.99 ea.

URBAN MEADOW AMERICAN CHEESE SINGLES 16 SLICE, 12 OZ. PKG., YELLOW, WHITE

2 \$5 FOR

SARGENTO BALANCE BREAKS 2-4.5 OZ. PKG., ASST. VAR.

\$3.99 ea.

ACTIVIA YOGURT 4 PACKS, 16 OZ. PKG., ASST. VAR.

2 \$6 FOR

DAISY SOUR CREAM 16 OZ. CONT., REGULAR, LIGHT

\$2.99 ea.

FROZEN Foods

EGGO THICK & FLUFFY WAFFLES 11.6 OZ. BOX, ASST. VAR., EXCLUDES OTHER VARIETIES

2 \$7 FOR

MUST BUY 2, LIMIT 4 OFFERS

MCCAIN CRAFT BEER ONION RINGS 14 OZ. BAG, OR POTATOES 19-32 OZ. BAG, ASST. VAR.

2 \$7 FOR

MUST BUY 2, LIMIT 4 OFFERS

BIRDS EYE CHOPPED SPINACH 10 OZ. BOX, PLAIN

\$1.49 ea.

DOLE FROZEN FRUIT 12-16 OZ. BAG, ASST. VAR., EXCLUDES ORGANIC, TUBS, ACAI BOWLS, & RED RASPBERRIES

2 \$9 FOR

MUST BUY 2, LIMIT 4 OFFERS

LUIGI'S ITALIAN WATER ICES ASST. VAR. 6 PACK, 36 FL. OZ. BOX

2 \$6 FOR

MUST BUY 2, LIMIT 4 OFFERS

BEN & JERRY'S ICE CREAM 10.1-16 OZ. CONT., ASST. VAR. INCLUDING BANGOR NON-DAIRY

2 \$9 FOR

MUST BUY 2, LIMIT 4 OFFERS

BREYERS ICE CREAM 4.8 OZ. CONT., ASST. VAR.

2 \$8 FOR

MUST BUY 2, LIMIT 1 OFFER

IN-STORE GROCERY Savings

NUTRAMENT ENERGY NUTRITION DRINKS 11 FL. OZ. CAN, ASST. VAR.

2 \$4 FOR

MUST BUY 2, LIMIT 4 OFFERS

WISH-BONE SALAD DRESSING 15 OZ. BTL., ASST. VAR.

2 \$5 FOR

MUST BUY 2, LIMIT 4 OFFERS

BARILLA PASTA BLUE BOX 12-16 OZ. BOX, ASST. VAR., EXCLUDES MANICOTTI, LASAGNA, JUMBO SHELLS, GLUTEN FREE, AL BRONZO, COLLEZIONE, PROTEIN+

3 \$5 FOR

PREGO PASTA OR ALFREDO SAUCE 23-24 OZ. JAR, ASST. VAR., 14.5 OZ. JAR, HOMESTYLE, ROASTED GARLIC PARM., EXCLUDES 22 OZ. ALFREDO

2 \$5 FOR

MUST BUY 2, LIMIT 4 OFFERS

BUMBLE BEE CHUNK WHITE TUNA 5 OZ. CAN, IN OIL, IN WATER

3 \$4 FOR

MUST BUY 3, LIMIT 4 OFFERS

BUMBLE BEE Wild Caught PINK SALMON SEALED 14.75 OZ. CAN

\$3.99 ea.

GATORADE THIRST QUENCHER 28 OZ. BTL., ASST. VAR.

2 \$4 FOR

SNAPPLE ICED TEA OR JUICE 64 OZ. BTL., ASST. VAR.

2 \$5 FOR

PEPSI SODA 2 LITER, 67.6 OZ. BTL., ASST. VAR., +TAX+DEP

2 \$5 FOR

MUST BUY 2, LIMIT 4 OFFERS

UTZ POTATO CHIPS 7.75-8 OZ. BAG, ASST. VAR.

2 \$6 FOR

LAY'S REGULAR OR KETTLE POTATO CHIPS 4.75-8 OZ. BAG, ASST. VAR.

2 \$7 FOR

KEETLER EXPORT SODA CRACKERS 28 OZ. CAN

\$6.99 ea.

LIMIT 4 OFFERS

ENTENMANN'S COOKIES 10-14 OZ. BOX, ASST. VAR.

\$3.49 ea.

MADEGOOD GRANOLA BARS 4.25-8.5 OZ. PKG., ASST. VAR.

2 \$7 FOR

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website

KeyFoodMan.com

We reserve the right to limit 1 per family. Prices effective this store only. Not responsible for typographic errors. Some pictures are for design purposes only and do not necessarily represent items on sale.