



JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

JULY 2026

FRI 24

SAT 25

SUN 26

MON 27

TUE 28

WED 29

THU 30

5% SENIOR DISCOUNT EVERY TUESDAY!
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

WE ACCEPT EBT
NO CLUB CARD NEEDED!

OTC
Network

SAVOR THE SUMMER

HOME DELIVERY
CHOOSE US ON
instacart **mercato**
DOORDASH **Uber Eats**
KeyFoodMan.com
OR CALL THE STORE FOR
PHONE ORDERS
Curbside Pickup Available!



Fresh Cut MEAT

BEEF BONE-IN SHELL STEAKS
USDA CHOICE



\$12.99
lb.

FRESH BONELESS CHICKEN BREAST
USDA GOVT. INSPECTED
Store Made THIN-SLICED CHICKEN BREASTS... \$3.99 LB.



\$1.99
lb.

SLICED BONE-IN PORK CHOPS
FAMILY PACK



\$1.99
lb.

FRESH CHICKEN DRUMSTICKS
STORE PACK USDA GOVT. INSPECTED
JUMBO PACK



\$1.29
lb.

Delicious DELI

ALL DELI MADE FRESH DAILY!



BOAR'S HEAD HONEY MAPLE HAM

\$11.99
lb.



CAROLINA TURKEY BREAST

\$6.99
lb.



URBAN MEADOW SWISS CHEESE

\$5.99
lb.



CEDAR'S HOMMUS
8 OZ. CONT., ASST. VAR.

2 \$6
FOR

ALL STORES HAVE A CHEF ON PREMISES!

Fresh PRODUCE



RED OR GREEN SEEDLESS GRAPES
CALIFORNIA, EXTRA LARGE

\$2.99
lb.



FRESH BLUEBERRIES
1 DRY PINT

\$2.99
ea.



MINI AVOCADO BAG

\$3.99
ea.



TOMATOES ON THE VINE

\$1.99
lb.



ORGANIC GIRL SALADS
4-6 OZ. ASST. VAR.

\$3.99
ea.

IN-STORE GROCERY Savings



POLAND SPRING SPRING WATER
24 PACK, 16.9 OZ. BTL., 405.6 OZ. PKG., +TAX +DEP

3 \$13.99
FOR

MUST BUY 3, LIMIT 1 OFFER



ARIZONA ICED TEA OR JUICE
128 OZ. CONT., ASST. VAR.

2 \$6
FOR

MUST BUY 2, LIMIT 4 OFFERS



CAFE BUSTELO ESPRESSO GROUND COFFEE
10 OZ. BRICK

\$5.99
ea.

LIMIT 4 OFFERS



SKIPPY PEANUT BUTTER
15-16.3 OZ. JAR, ASST. VAR.

2 \$5
FOR



RONZONI PASTA
12-16 OZ. BOX, ASST. VAR., EXCLUDES GLUTEN FREE, LASAGNA, JUMBO SHELLS, DITALINI, PASTINA, EGG NOODLES

4 \$5
FOR

MUST BUY 4, LIMIT 4 OFFERS



RAGU PASTA OR ALFREDO SAUCE
16-24 OZ. JAR, ASST. VAR., INCLUDES SIMPLY

2 \$4
FOR

MUST BUY 2, LIMIT 4 OFFERS



CAROLINA LONG GRAIN RICE
20 LB. BAG, WHITE, PARBOILED

\$11.99
ea.

LIMIT 4 OFFERS



KRAFT MAC & CHEESE BOXES OR CUPS
5.5-7.3 OZ. BOX, ASST. VAR., 2.05 OZ. CUP, KRAFT ORIGINAL, 2.39 OZ. CUP, VELVEETA SHELLS CUP EXCLUDES GLUTEN FREE & PLANT BASED

4 \$5
FOR

MUST BUY 4, LIMIT 4 OFFERS



OREO COOKIES
9.21-14.03 OZ. PKG., SEL. VAR.

2 \$6
FOR

MUST BUY 2, LIMIT 4 OFFERS



TIDE SIMPLY DETERGENT
94 OR 107 FL. OZ. CONT., ASST. VAR.

\$8.99
ea.

LIMIT 4 OFFERS



CLOROX REGULAR OR NO SPLASH BLEACH
REGULAR, FRESH MEADOW OR CLEAN LINEN BLEACH 40 OR 43 FL. OZ. BTL.

\$3.99
ea.

LIMIT 4 OFFERS



BOUNTY PAPER TOWELS
6-12 DOUBLE ROLL, FULL SHEET, SELECT-A-SIZE, 221-270 SQ. FT. PKG.

\$12.99
ea.

LIMIT 4 OFFERS

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!



NELLIE'S FREE RANGE LARGE BROWN EGGS
GRADE A, 12 CT.

\$3.99
ea.



MINUTE MAID AIDES OR PUNCHES
59 OZ. CONT., ASST. VAR.

2 \$4
FOR



CHOBANI FLIPS OR CREATIONS GREEK YOGURT
4.5-5.3 OZ. CONT., ASST. VAR.

2 \$3
FOR



KRAFT SINGLES AMERICAN CHEESE
12 OZ. PKG., ASST. VAR. PREPARED OR REGULAR EXCLUDES FAT FREE

\$3.99
ea.

LIMIT 4 OFFERS



OATLY OATMILK
64 OZ. CONT., ASST. VAR.

\$4.49
ea.



COFFEE MATE CREAMERS
64 OZ. CONT., ASST. VAR.

\$6.99
ea.

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website

KeyFoodMan.com

CURBSIDE PICKUP AVAILABLE!
ORDER ONLINE OR CALL OUR STORES

Fresh PRODUCE



FRESH EXPRESS SALAD KITS
7-12 OZ. BAG, ASST. VAR.

ITALIAN BALSAMIC

3 FOR \$10



GIORGIO, BABY, BELLA MUSHROOMS
8 OZ. PKG., WHOLE OR SLICED

2 FOR \$5



MINI SEEDLESS CUCUMBERS
6 PACK, 12 OZ. PKG.

\$2.99 ea.



LEAFY GREEN CABBAGE

79¢ lb.



HEALTH-ADE KOMBUCHA
16 OZ. BTL., ASST. VAR.

2 FOR \$6

Fresh Cut MEAT & FISH



BEEF BONE-IN CHUCK STEAKS
USDA CHOICE

\$6.99 lb.



OVEN STUFFER WHOLE ROASTERS
PERDUE GRADE A 5-7 LBS. AVG.

\$1.69 lb.



GROUND CHICKEN BREAST
PERDUE 16 OZ. PACK

\$3.99 ea.



NATHAN'S BEEF FRANKS
11-12 OZ. PKG., ASST. VAR.

\$4.99 ea.



NORTH ATLANTIC SALMON FILLET
FRESH

\$9.99 lb.



AQUA STAR PEELED & DEVEINED RAW SHRIMP
31-40 CT., 2 LB. BAG.

\$14.99 ea.

Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!



BOAR'S HEAD PIT CRAFT TURKEY BREAST

\$13.99 lb.



BOAR'S HEAD VERMONT CHEDDAR OR PEPPER JACK CHEESE

\$8.99 lb.



BUTTERBALL BUFFALO CHICKEN BREAST

\$7.99 lb.



URBAN MEADOW MUENSTER CHEESE

\$4.99 lb.



Store Made EGGPLANT PARMIGIANA

\$8.99 lb.



Store Made SOLID WHITE TUNA SALAD

\$8.99 lb.



Store Made GREEK PASTA SALAD

\$8.99 lb.



Store Baked BRIDOR FRENCH BAGUETTES
12.3 OZ.

2 FOR \$5

CHECK OUT OUR **NEW PARTY MENU** ONLINE at **KeyFoodMan.com** or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!



PHILADELPHIA CREAM CHEESE
8 OZ. PKG., ORIGINAL, LESS FAT

\$2.99 ea.



BREAKSTONE'S BUTTER QUARTERS
16 OZ. PKG., SALTED, UNSALTED

\$3.99 ea.



TROPICANA REFRESHERS OR LEMONADE
46 OZ. BTL., ASST. VAR.

2 FOR \$5



FLORIDA'S NATURAL ORANGE JUICE
89 OZ. CONT., NO PULP, SOME PULP WITH CALCIUM & VITAMIN D

\$7.99 ea.



CHOBANI GREEK YOGURT
32 OZ. CONT., ASST. VAR.

\$7.99 ea.



FARMLAND ORGANIC MILK
64 OZ. CONT., WHOLE, 2% FAT FREE

\$4.99 ea.



FRIENDSHIP SOUR CREAM
16 OZ. CONT., REGULAR EXCLUDES KETO

\$2.99 ea.

FROZEN Foods



EGGO WAFFLES, FRENCH TOAST, OR PANCAKES
8.4-14.8 OZ. BOX, ASST. VAR., EXCLUDES THICK & FLUFFY, PROTEIN & FAMILY SIZE

2 FOR \$6



URBAN MEADOW VEGETABLES
16 OZ. BAG, ASST. VAR.

2 FOR \$4



RESTAURANT BRAND FRENCH FRIES OR ONION RINGS
14-28 OZ. BAG, ASST. VAR., ARBY'S, CHECKER'S, NATHAN'S, RED ROBIN

\$4.99 ea.



POPSICLE ICE POPS
10.96-29.7 F. OZ. BOX, ASST. VAR.

\$3.99 ea.



HÄAGEN-DAZS ICE CREAM BARS
3 PACK, 9 OZ. BOX, ASST. VAR.

2 FOR \$8



TURKEY HILL ICE CREAM
46 OZ. CONT., ASST. VAR., EXCLUDES SIMPLY NATURAL

\$3.99 ea.



HÄAGEN-DAZS ICE CREAM
14 OZ. CONT., ASST. VAR.

2 FOR \$8

IN-STORE GROCERY Savings



KRAFT BARBECUE SAUCE
17.5-18 OZ. BTL., ASST. VAR.

3 FOR \$3



CHOCK FULL O' NUTS GROUND COFFEE
10.2-11.3 OZ. CAN, ASST. VAR., EXCLUDES DECAF

\$5.99 ea.



WESSON COOKING OIL
128 OZ. CONT., CORN, CANOLA, VEGETABLE

\$11.99 ea.



BUMBLE BEE Wild Caught PINK SALMON
14.75 OZ. CAN

\$3.99 ea.



BUMBLE BEE SOLID WHITE TUNA
5 OZ. CAN, IN OIL, IN WATER, LOW SODIUM

3 FOR \$5



LIBBY'S VIENNA SAUSAGE
4.6 OZ. CAN, REGULAR, CHICKEN, BBQ CHICKEN

5 FOR \$4



URBAN MEADOW EVAPORATED MILK
12 OZ. CAN, REGULAR, FAT FREE

4 FOR \$5



URBAN MEADOW GRANULATED SUGAR
4 LB. BAG

\$3.29 ea.



URBAN MEADOW WHITE VINEGAR
128 OZ. CONT.

\$3.49 ea.



KINGSFORD CHARCOAL BRIQUETS
ORIGINAL 16 LB. BAG, MATCH LIGHT 12 LB. BAG

\$11.99 ea.



SNAPPLE ICED TEA OR JUICE
12 PACK, 16 OZ. BTL., 192 OZ. PKG., ASST. VAR.

\$9.99 ea.



CANADA DRY, A&W, SUNKIST, OR 7UP SODA
2 LITER, 67.6 OZ. BTL., ASST. VAR., +TAX +DEP

2 FOR \$5



CHEEZ-IT CRACKERS
9-12.4 OZ. PKG., CRUNCH, 6.5 OZ. PKG., OR SNAP'D, 7.5 OZ. PKG., CH ASST. VAR.

2 FOR \$6



DORITOS TORTILLA CHIPS
6-11.5 OZ. BAG, ASST. VAR.

\$3.99 ea.

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website

KeyFoodMan.com

We reserve the right to limit 1 per family. Prices effective this store only. Not responsible for typographical errors. Some pictures are for design purposes only and do not necessarily represent items on sale.