



**JAMAICA**  
183-14 HILLSIDE AVE • 718.297.2613  
HRS: EVERYDAY 7 AM - 10 PM

**FRESH MEADOWS**  
164-05 69TH AVE • 718.762.1112  
HRS: MON-SAT 7 AM - 9 PM,  
SAT-SUN 7 AM - 8 PM

**SCAN THE QR CODE TO SHOP ONLINE**

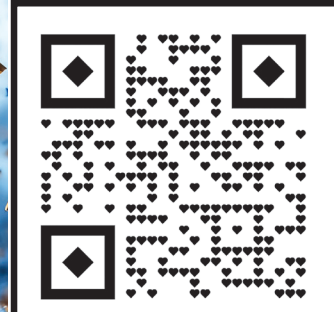
JUNE 2026 FRI 12 SAT 13 SUN 14 MON 15 TUE 16 WED 17 THU 18

**5% SENIOR DISCOUNT EVERY TUESDAY!**  
\$25 MINIMUM PURCHASE  
MUST BE 65 YEARS & OLDER  
VALID ON IN-STORE PURCHASES ONLY  
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

**WE ACCEPT EBT OTC**  
NO CLUB CARD NEEDED! Network

*Celebrate*  
**DADS & GRADS**

**HOME DELIVERY**  
CHOOSE US ON  
instacart mercatō  
DOORDASH Uber Eats  
KeyFoodMan.com  
OR CALL THE STORE FOR  
**PHONE ORDERS**  
Curbside Pickup Available!



**Fresh Cut MEAT**

**Delicious DELI**

**FRESH BONELESS CHICKEN BREAST**  
USDA GRADE A  
**FAMILY PACK**  
Store Made THIN-SLICED CHICKEN BREAST \$4.99 LB.

**\$2.99** lb.

**BEEF BONELESS TOP ROUND LONDON BROIL**  
USDA INSPECTED

**\$6.99** lb.

**FRESH BONELESS CENTER CUT PORK CHOPS**  
**FAMILY PACK**

**\$2.99** lb.

**FRESH PORK SPARE RIBS**  
**FAMILY PACK**

**\$2.99** lb.

**ALL DELI MADE FRESH DAILY!**

**BOAR'S HEAD BLAZING BUFFALO CHICKEN BREAST**

**\$9.99** lb.

**BUTTERBALL HONEY ROASTED TURKEY BREAST**

**\$8.99** lb.

**URBAN MEADOW AMERICAN CHEESE**

**\$4.99** lb.

**DI LUSSO DELUXE HAM**

**\$6.99** lb.

ALL STORES HAVE A CHEF ON PREMISES!

**Fresh PRODUCE**

**FRESH BLUEBERRIES**  
1 DRY PINT

**2 \$7** FOR

**RED RIPE STRAWBERRIES**  
1 LB. CONT.

**\$3.99** ea.

**FRESH BROCCOLI CROWNS**

**\$1.99** lb.

**YELLOW OR BI-COLOR CORN**  
*Great on the Grill*

**3 \$2** FOR

**MINI SEEDLESS WATERMELON**  
5-7 LB. AVERAGE

**\$3.99** ea.

*Celebrate their Big Moments with Fresh Flowers.*

**IN-STORE GROCERY Savings**

**POLAND SPRING SPRING WATER**  
24 PACK, 16.9 OZ. BTL., 1405.6 OZ. PKG., +TAX +DEP

**3 \$13.99** FOR

MUST BUY 3, LIMIT 2 OFFERS

**APPLE & EVE APPLE JUICE**  
64 OZ. BTL., NATURAL, CLEAR, EXCLUDES SESAME STREET & ORGANIC

**2 \$5** FOR

MUST BUY 2, LIMIT 2 OFFERS

**POSTHONEY BUNCHES OF OATS CEREAL**  
11-12 OZ. BOX, ASST. VAR., HONEY ROASTED MONDS

**2 \$6** FOR

MUST BUY 2, LIMIT 4 OFFERS

**HEINZ TOMATO KETCHUP**  
1/20 OZ. SQUEEZE

**2 \$5** FOR

**KINGSFORD CHARCOAL BRIQUETS**  
ORIGINAL 16 LB. BAG, MATCH LIGHT 12 LB. BAG

**\$12.99** ea.

LIMIT 4 OFFERS

**CRISCO COOKING OIL**  
128 OZ. CONT. VEGETABLE, CANOLA

**\$9.99** ea.

LIMIT 3 OFFERS

**URBAN MEADOW EVAPORATED MILK**  
12 OZ. CAN, REGULAR, FAT FREE

**4 \$5** FOR

MUST BUY 4, LIMIT 2 OFFERS

**BUMBLE BEE CHUNK WHITE TUNA**  
5 OZ. CAN, IN OIL, IN WATER

**3 \$4** FOR

MUST BUY 3, LIMIT 2 OFFERS

**URBAN MEADOW PEANUT BUTTER**  
16-16.3 OZ. JAR, ASST. VAR., CREAMY

**2 \$4** FOR

MUST BUY 2, LIMIT 3 OFFERS

**TOWN HOUSE OR TOASTED CRACKERS**  
8-13.8 OZ. BOX, ASST. VAR., BUTTERCRISP

**BUY ONE GET ONE FREE**  
2 FOR \$6.29

LIMIT 4 OFFERS

**NABISCO CHIPS AHOY! OR OREO COOKIES**  
9.9-20 OZ. PKG., ASST. VAR., FAMILY SIZE

**2 \$9** FOR

MUST BUY 2, LIMIT 4 OFFERS

**TOSTITOS TORTILLA CHIPS**  
9-15 OZ. BAG, OR SALSA, 15.5 OZ. JAR, ASST. VAR.

**3 \$10** FOR

MUST BUY 3, LIMIT 2 OFFERS

**Fresh DAIRY**

WE SELL ORGANIC MILK & EGGS!

**LAND O' LAKES LARGE BROWN EGGS**  
1 DOZEN CRTN., GRADE A

**\$2.99** ea.

LIMIT 2 OFFERS

**TROPICANA TWISTER ADES OR PUNCH**  
59 OZ. CONT., ASST. VAR.

**\$1.99** ea.

**FLORIDA'S NATURAL ORANGE JUICE**  
52 OZ. CONT., ASST. VAR.

**2 \$7** FOR

MUST BUY 2, LIMIT 4 OFFERS

**FAGE TOTAL OR BESTSELF YOGURT**  
5.3 OZ. CONT., ASST. VAR., EXCLUDES CREAMY DREAMY

**4 \$5** FOR

**CHOBANI COFFEE CREAMERS**  
24 OZ. CONT., ASST. VAR.

**\$4.49** ea.

**PHILADELPHIA SOFT OR WHIPPED CREAM CHEESE**  
7.5-8 OZ. CONT., ASST. VAR.

**2 \$7** FOR

MUST BUY 2, LIMIT 2 OFFERS

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website **KeyFoodMan.com**

CURBSIDE PICKUP AVAILABLE! ORDER ONLINE OR CALL OUR STORES

# Fresh PRODUCE

 <p><b>FRESH BLACKBERRIES</b> 6 OZ. PKG.</p> <p><b>2 \$6</b> FOR</p>	 <p><b>GIORGIO WHITE MUSHROOMS</b> VALUE SIZE, 16 OZ. PKG., WHOLE, SLICED <i>Great on the Grill!</i></p> <p><b>2 \$7</b> FOR</p>	 <p><b>NATURE SWEET TOMATOES</b> 9.5-10 OZ. CONT., CHERUB OR D'VINES</p> <p><b>\$2.99</b> ea.</p>	 <p><b>SOUTHERN YELLOW PEACHES</b> FIRST OF THE SEASON</p> <p><b>\$1.99</b> lb.</p>	 <p><b>OLIPOP PREBIOTIC HEALTHY SODA</b> 12 OZ. CANS, ASST. VAR.</p> <p><b>2 \$4</b> FOR</p>
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# Fresh Cut MEAT & FISH

 <p><b>FRESH BONELESS CHICKEN THIGHS</b> USDA GRADE A</p> <p><b>\$2.99</b> lb.</p>	 <p><b>93% LEAN GROUND TURKEY BUTTERBALL FRESH</b>, 16 OZ. PKG.</p> <p><b>\$5.99</b> ea.</p>	 <p><b>BALL PARK BEEF FRANKS</b> ASST. VAR., 16 OZ. PKG.</p> <p><b>\$3.99</b> ea.</p>	 <p><b>URBAN MEADOW BACON</b> 16 OZ. PKG., ASST. VAR.</p> <p><b>\$5.99</b> lb.</p>	 <p><b>NORTH ATLANTIC SALMON FILLET FRESH</b></p> <p><b>\$11.99</b> lb.</p>	 <p><b>AQUA STAR PEELED &amp; DEVEINED RAW SHRIMP</b> 31-40 CT., 2 LB. BAG.</p> <p><b>\$17.99</b> ea.</p>
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## Enjoy Fresh DELI FAVORITES

## Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

 <p><b>BOAR'S HEAD HONEY MAPLE HAM</b></p> <p><b>\$11.99</b> lb.</p>	 <p><b>BOAR'S HEAD VERMONT CHEDDAR OR PEPPER JACK CHEESE</b></p> <p><b>\$8.99</b> lb.</p>	 <p><b>CEDAR'S TZATZIKI &amp; SPINACH DIP</b> ASST. VAR., 12 OZ. CNTR.</p> <p><b>\$6.99</b> ea.</p>	 <p><b>URBAN MEADOW MUENSTER CHEESE</b></p> <p><b>\$5.99</b> lb.</p>	 <p><b>Store Made ITALIAN MEATBALLS</b></p> <p><b>\$6.99</b> lb.</p>	 <p><b>Store Made GENERAL TSO OR ORANGE CHICKEN</b></p> <p><b>\$8.99</b> lb.</p>	 <p><b>EURO CLASSIC HAMBURGER OR HOT DOG BUNS</b> 7.05-9.52 OZ. PKG.</p> <p><b>2 \$7</b> FOR</p>	 <p><b>Store Baked SEMOLINA BREAD</b> 12 OZ. LOAF</p> <p><b>\$3.99</b> ea.</p>
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CHECK OUT OUR **NEW PARTY MENU** ONLINE at [KeyFoodMan.com](http://KeyFoodMan.com) or PICK ONE UP IN STORE!

# Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

 <p><b>BORDEN SHREDDED OR CHUNK CHEESE</b> 5-8 OZ. PKG., ASST. VAR., PREPARED OR REGULAR</p> <p><b>2 \$5</b> FOR</p>	 <p><b>FARMLAND ORGANIC MILK</b> 64 OZ. CONT., WHOLE, 2%, FAT FREE</p> <p><b>\$4.99</b> ea.</p>	 <p><b>BLUE DIAMOND ALMOND BREEZE MILK</b> 64 OZ. CONT., ASST. VAR.</p> <p><b>\$2.99</b> ea.</p>	 <p><b>CHOBANI 20G PROTEIN YOGURT</b> 6.7 OZ. CONT., ASST. VAR.</p> <p><b>3 \$5</b> FOR</p>	 <p><b>HOTEL BAR BUTTER QUARTERS</b> 16 OZ. PKG., SALTED, UNSALTED</p> <p><b>\$3.99</b> ea.</p>	 <p><b>DAISY COTTAGE CHEESE</b> 6 OZ. CONT., STRAWBERRY, PINEAPPLE</p> <p><b>2 \$3</b> FOR</p>	 <p><b>BREAKSTONE'S SOUR CREAM</b> 16 OZ. CONT., REGULAR, REDUCED FAT</p> <p><b>2 \$5</b> FOR</p>
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# FROZEN Foods

 <p><b>EGGO THICK &amp; FLUFFY WAFFLES</b> 11.6 OZ. BOX, ASST. VAR., EXCLUDES OTHER VARIETIES</p> <p><b>2 \$6</b> FOR</p> <p>MUST BUY 2, LIMIT 2 OFFERS</p>	 <p><b>URBAN MEADOW STEAMABLE VEGETABLES</b> 12 OZ. BAG, ASST. VAR.</p> <p><b>2 \$4</b> FOR</p>	 <p><b>BIRDS EYE CHOPPED SPINACH</b> 10 OZ. BOX, PLAIN</p> <p><b>\$1.49</b> ea.</p>	 <p><b>RED BARON CLASSIC CRUST PIZZA</b> 17.82-23.45 OZ. BOX, ASST. VAR.</p> <p><b>\$4.99</b> ea.</p>	 <p><b>OUTSHINE FRUIT OR YOGURT BARS</b> 10.6-14.7 OZ. PKG., ASST. VAR., EXCLUDES SCOOPS</p> <p><b>2 \$8</b> FOR</p> <p>MUST BUY 2, LIMIT 4 OFFERS</p>	 <p><b>HÄAGEN-DAZS ICE CREAM</b> 14 OZ. CONT., ASST. VAR.</p> <p><b>2 \$8</b> FOR</p> <p>MUST BUY 2, LIMIT 2 OFFERS</p>	 <p><b>FRIENDLY'S ICE CREAM</b> 48 OZ. CONT., ASST. VAR., EXCLUDES NATURALLY</p> <p><b>\$3.99</b> ea.</p> <p>LIMIT 4 OFFERS</p>
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# IN-STORE GROCERY Savings

 <p><b>KOOL-AID JAMMERS</b> ASST. VAR., 10 PACK, 60 FL. OZ. PKG.</p> <p><b>\$2.99</b> ea.</p> <p>LIMIT 3 OFFERS</p>	 <p><b>POLAND SPRING SPRING WATER</b> GALLON, 128 OZ. CONT.</p> <p><b>\$2.29</b> ea.</p>	 <p><b>SNAPPLE ICED TEA OR JUICE</b> 12 PACK, 16 OZ. BTL., 192 OZ. PKG., ASST. VAR.</p> <p><b>\$8.99</b> ea.</p>	 <p><b>PEPSI SODA</b> 12 PACK, 12 OZ. CANS, 144 OZ. PKG., ASST. VAR., +TAX+DEP</p> <p><b>\$6.99</b> ea.</p> <p>LIMIT 1 OFFER</p>	 <p><b>CANADA DRY, A&amp;W, SUNKIST, OR 7UP SODA</b> 2 LITER, 67.6 OZ. BTL., ASST. VAR., +TAX+DEP</p> <p><b>2 \$5</b> FOR</p> <p>MUST BUY 2, LIMIT 4 OFFERS</p>	 <p><b>WISE RIDGIES OR POTATO CHIPS</b> 7.5-7.875 OZ. BAG, ASST. VAR.</p> <p><b>2 \$5</b> FOR</p>	 <p><b>BOUNTY PAPER TOWELS</b> 8-24 TRIPLE ROLL, FULL SHEET, SELECT-A-SIZE, 486-541 SQ. FT. PKG.</p> <p><b>\$24.99</b></p> <p>LIMIT 4 OFFERS</p>
 <p><b>GOYA GANDULES VERDES</b> 15 OZ. CAN, REGULAR, LOW SODIUM</p> <p><b>3 \$5</b> FOR</p> <p>MUST BUY 3, LIMIT 3 OFFERS</p>	 <p><b>URBAN MEADOW LONG GRAIN RICE</b> 10 LB. BAG, WHITE, PARBOILED</p> <p><b>\$6.99</b> ea.</p>	 <p><b>BARILLA PASTA BLUE BOX</b> 12-16 OZ. BOX, ASST. VAR., EXCLUDES MANICOTTI, LASAGNA, JUMBO SHELLS, GLUTEN FREE, AL BRONZO, COLLEZIONE, PROTEIN+</p> <p><b>3 \$5</b> FOR</p>	 <p><b>FRANCESCO RINALDI ALFREDO OR PASTA SAUCE</b> 15-24 OZ. JAR, ASST. VAR.</p> <p><b>2 \$4</b> FOR</p>	 <p><b>URBAN MEADOW PANCAKE MIX</b> 32 OZ. BOX, OR SYRUP, 24 OZ. BTL., ASST. VAR.</p> <p><b>\$2.99</b> ea.</p>	 <p><b>CAFE BUSTELO ESPRESSO GROUND COFFEE</b> 6 OZ. BRICK</p> <p><b>2 \$9</b> FOR</p> <p>MUST BUY 2, LIMIT 2 OFFERS</p>	 <p><b>ENTENMANN'S LITTLE BITES</b> 7-13.5 OZ. BOX, ASST. VAR.</p> <p><b>\$3.99</b> ea.</p>

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