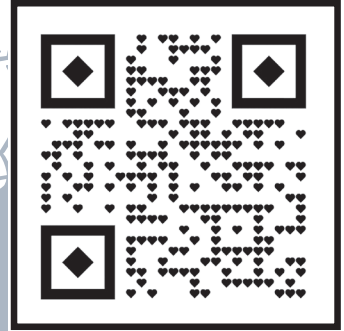




**JAMAICA**  
183-14 HILLSIDE AVE • 718.297.2613  
HRS: EVERYDAY 7 AM - 10 PM

**FRESH MEADOWS**  
164-05 69TH AVE • 718.762.1112  
HRS: MON-SAT 7 AM - 9 PM,  
SAT-SUN 7 AM - 8 PM

**SCAN THE QR CODE TO SHOP ONLINE**



APRIL 2026 FRI 10 SAT 11 SUN 12 MON 13 TUE 14 WED 15 THU 16

**5% SENIOR DISCOUNT EVERY TUESDAY!**  
\$25 MINIMUM PURCHASE MUST BE 65 YEARS & OLDER  
VALID ON IN-STORE PURCHASES ONLY  
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

**WE ACCEPT EBT! NO CLUB CARD NEEDED!** **OTC Network**

*The Spring*  
**RESET**

**HOME DELIVERY**  
CHOOSE US ON  
instacart mercat@  
DOORDASH Uber Eats  
KeyFoodMan.com  
OR CALL THE STORE FOR PHONE ORDERS  
Curbside Pickup Available!

**Fresh Cut MEAT**

**BEEF BONE-IN SHELL STEAKS**  
USDA CHOICE



**\$12.99** lb.

**FRESH BONELESS CHICKEN BREAST**  
USDA GRADE A FAMILY PACK



**\$2.99** lb.

**FRESH BONE-IN CENTER CUT PORK CHOPS**  
FAMILY PACK



**\$2.99** lb.

**AMERICAN WHOLE LEG OF LAMB**  
USDA FRESH



**\$8.99** lb.

**Delicious DELI**

ALL DELI MADE FRESH DAILY!

**BOAR'S HEAD BUFFALO CHICKEN BREAST**



**\$11.99** lb.

**URBAN MEADOW AMERICAN CHEESE**



**\$4.99** lb.

**HORMEL SWEET VIRGINIA HAM**



**\$7.99** lb.

**COMBO: BUTTERBALL TURKEY BREAST AND MCADAM MUENSTER CHEESE**  
1/2 LB. OF EACH



**\$7.99** lb.

ALL STORES HAVE A CHEF ON PREMISES!

**Fresh PRODUCE**

**RED RIPE STRAWBERRIES**  
1 LB. CONT.



**\$2.99** ea.

**LARGE CANTALOUPES**



**\$2.99** ea.

**LARGE HASS AVOCADOS**  
FRESH FROM MEXICO, GREAT FOR GUACAMOLE



**4 \$5** FOR

**LARGE NAVEL OR CARA CARA ORANGES**



**4 \$5** FOR

**FRESH EXPRESS SALAD KITS**  
7-12 OZ. BAG, ASST. VAR.



**2 \$7** FOR

**IN-STORE GROCERY Savings**

**PURE LIFE PURIFIED WATER**  
28 PACK, 16.9 OZ. BTL., 473.2 OZ. PKG.



**3 \$11.99** FOR

**MOTT'S FOR TOTS APPLE OR FRUIT JUICE**  
64 OZ. BTL., ASST. VAR.



**\$2.99** ea.

**SNAPPLE ICED TEA OR JUICE**  
64 OZ. BTL., ASST. VAR.



**2 \$4** FOR

**MAXWELL HOUSE GROUND COFFEE**  
23.1-33.1 OZ. CONT., ASST. VAR., EXCLUDES DECAF



**\$9.99** ea.

**URBAN MEADOW EVAPORATED MILK**  
12 OZ. CAN, REGULAR, FAT FREE



**5 \$5** FOR

**JIF PEANUT BUTTER**  
15.5-16 OZ. JAR, ASST. VAR., EXCLUDES NO SUGAR ADDED



**2 \$5** FOR

**MAZOLA COOKING OIL**  
96 OZ. CONT., ASST. VAR.



**\$5.99** ea.

**URBAN MEADOW LONG GRAIN WHITE RICE**  
20 LB. BAG, EXCLUDES PARBOILED



**\$10.99** ea.

**STARKIST CHUNK LIGHT TUNA**  
5 OZ. CAN, IN OIL, IN WATER



**3 \$3** FOR

**LIBBY'S VIENNA SAUSAGE**  
4.6 OZ. CAN, REGULAR, CHICKEN, BBQ CHICKEN



**4 \$3** FOR

**BOUNTY PAPER TOWELS**  
8-20 DOUBLE ROLL, FULL SHEET, SELECT-A-SIZE; 371-392 SQ. FT. PKG.



**\$19.99** ea.

**URBAN MEADOW BATH TISSUE**  
20 ROLL PACK, 2106.9 SQ. FT. PKG.



**\$13.99** ea.

**Fresh DAIRY**

WE SELL ORGANIC MILK & EGGS!

**TROPICANA PURE PREMIUM ORANGE JUICE**  
46 OZ. BTL., ORIGINAL, LIGHT, GRAPEFRUIT, ASST. VAR.



**2 \$5** FOR

**EGGLAND'S BEST CAGE FREE LARGE BROWN EGGS**  
12 CT. CRTN., GRADE A



**2 \$5** FOR

**OIKOS, OIKOS TRIPLE ZERO, TWO GOOD, OR LIGHT & FIT GREEK YOGURT OR YOCRUNCH**  
4.5-6 OZ. CONT., ASST. VAR., INCLUDING REMIX



**5 \$6** FOR

**SSIPS DRINKS**  
ASST. VAR., 52-59 OZ. CONT.



**3 \$5** FOR

**BLUE DIAMOND ALMOND BREEZE MILK**  
64 OZ. CONT., ASST. VAR.



**\$2.99** ea.

**INTERNATIONAL DELIGHT CREAMERS**  
32 OZ. CONT., ASST. VAR.



**2 \$7** FOR

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website **KeyFoodMan.com**

CURBSIDE PICKUP AVAILABLE! ORDER ONLINE OR CALL OUR STORES

# Fresh PRODUCE

**GIORGIO WHOLE WHITE MUSHROOMS**  
8 OZ. PKG.

**3 \$5**  
FOR

**MINI PERSIAN CUCUMBERS**  
6 PACK, 12 OZ. PKG.

**\$2.99**  
ea.

**GREEN GIANT US #1 POTATOES**  
5 LB. BAG, YUKON GOLD, RED, WHITE

**\$2.99**  
ea.

**New Crop MANGOS**

**4 \$5**  
FOR

**FUJI OR GRANNY SMITH APPLES**  
NORTHWEST, PREMIUM

**\$1.49**  
lb.

# Fresh Cut MEAT & FISH

**FRESH THIN SLICED CHICKEN BREAST CUTLETS**  
Store Made GRADE A FAMILY PACK

**\$4.99**  
lb.

**FRESH BONELESS CHICKEN THIGHS**  
STORE PACK GRADE A FAMILY PACK

**\$2.99**  
lb.

**BEEF BONELESS SHELL STEAKS**  
USDA CHOICE

**\$14.99**  
lb.

**BEEF BONELESS CHUCK FOR STEW**  
USDA CHOICE

**\$6.99**  
lb.

**NORTH ATLANTIC SALMON FILLET**  
FRESH

**\$11.99**  
lb.

**AQUA STAR SHRIMP RING**  
10 OZ. PKG.

**\$6.99**  
ea.

# Enjoy Fresh DELI FAVORITES

# Prepared FOODS

EACH ONE OF OUR STORES HAS A CHEF ON PREMISES AND WE COOK IN STORE FOR YOU!

**BOAR'S HEAD DELUXE HAM**

**\$12.99**  
lb.

**MAGNIFICO GENOA OR HARD SALAMI**

**\$7.99**  
lb.

**BELGIOIOSO CHEESE CUPS**  
5 OZ. CONT., ASST. VAR.

**\$3.99**  
ea.

**STACY'S PITA THIN OR THICK**  
6.75-33 OZ. BAG, ASST. VAR.

**2 \$7**  
FOR

**Store Prepared CHICKEN TENDERS**  
ASST. VAR.

**\$8.99**  
lb.

**Store Prepared POTATO & EGG SALAD**

**\$6.99**  
lb.

**Store Prepared PASTA PRIMAVERA SALAD**

**\$7.99**  
lb.

**SWEET SOFIA'S DESSERT CUPS**  
3.5 OZ. CUP, ASST. VAR.

**\$4.99**  
ea.

CHECK OUT OUR NEW PARTY MENU ONLINE at [KeyFoodMan.com](http://KeyFoodMan.com) or PICK ONE UP IN STORE!

# Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

**TURKEY HILL ADES OR ICED TEA**  
64 OZ. CONT., ASST. VAR.

**\$1.99**  
ea.  
LIMIT 4 OFFERS

**OATLY OATMILK**  
64 OZ. CONT., ASST. VAR.

**\$4.99**  
ea.

**CHOBANI FLIPS, CREATIONS, OR 20G GREEK YOGURT**  
4.5-6.7 OZ. CONT., ASST. VAR.

**2 \$3**  
FOR

**STONYFIELD ORGANIC YOGURT**  
32 OZ. CONT., ASST. VAR.

**\$4.99**  
ea.

**URBAN MEADOW HALF & HALF**  
32 OZ. CONT., FAT FREE, REGULAR

**\$2.99**  
ea.

**PARKAY SPREAD**  
41-48 OZ. CONT., REGULAR, LIGHT

**\$5.49**  
ea.

**LAND O LAKES BUTTER QUARTERS**  
16 OZ. PKG., SALTED, UNSALTED

**\$3.99**  
ea.  
LIMIT 4 OFFERS

# FROZEN Foods

**EGGO THICK & FLUFFY WAFFLES**  
11.6 OZ. BOX, ASST. VAR., EXCLUDES OTHER VARIETIES

**2 \$6**  
FOR  
MUST BUY 2, LIMIT 2 OFFERS

**HEALTHY CHOICE CAFÉ STEAMERS**  
9.25-10.3 OZ. PKG., ASST. VAR.

**2 \$5**  
FOR  
MUST BUY 2, LIMIT 4 OFFERS

**ELLIO'S 9 SLICE PIZZA**  
15.3-19.64 OZ. BOX, ASST. VAR., BREADSTICKS 13.62 OZ. BOX, BREADSTICKS

**2 \$7**  
FOR  
MUST BUY 2, LIMIT 4 OFFERS

**MCCAIN CRAFT BEER ONION RINGS**  
14 OZ. BAG, OR POTATOES 19-32 OZ. BAG, ASST. VAR.

**2 \$7**  
FOR  
MUST BUY 2, LIMIT 2 OFFERS

**URBAN MEADOW FROZEN GREENS**  
10 OZ. PKG., BROCCOLI FLORETS, BROCCOLI CHOPPED, LEAF SPINACH

**3 \$5**  
FOR

**TALENTI SORBETTO OR GELATO**  
16 OZ. CONT., ASST. VAR., EXCLUDES TALENTI LAYERS

**2 \$9**  
FOR  
MUST BUY 2, LIMIT 4 OFFERS

**FRIENDLY'S ICE CREAM**  
48 OZ. CONT., ASST. VAR., EXCLUDES NATURALLY Forbidden Chocolate

**\$3.99**  
ea.  
LIMIT 4 OFFERS

# IN-STORE GROCERY Savings

**URBAN MEADOW PARBOILED RICE**  
20 LB. BAG, EXCLUDES LONG GRAIN

**\$13.99**  
ea.

**HUNT'S TOMATO KETCHUP**  
20 OZ. BTL.

**2 \$4**  
FOR  
MUST BUY 2, LIMIT 2 OFFERS

**COLAVITA PASTA**  
16 OZ. PKG., ASST. VAR., EXCLUDES NESTS, LONG FUSILLI

**5 \$5**  
FOR  
MUST BUY 5, LIMIT 3 OFFERS

**RAGU PASTA OR ALFREDO SAUCE**  
16-24 OZ. JAR, ASST. VAR., INCLUDES SIMPLY

**2 \$4**  
FOR  
MUST BUY 2, LIMIT 2 OFFERS

**GOYA GANDULES VERDES**  
15 OZ. CAN, REGULAR, LOW SODIUM

**3 \$5**  
FOR  
MUST BUY 3, LIMIT 3 OFFERS

**GOYA TOMATO SAUCE**  
8 OZ. CAN, ORIGINAL

**3 \$2**  
FOR  
MUST BUY 3, LIMIT 3 OFFERS

**BONNE MAMAN PRESERVES**  
13 OZ. JAR, ASST. VAR.

**\$5.99**  
ea.

**PEPSI SODA**  
2 LITER, 67.6 OZ. BTL., ASST. VAR., +TAX +DEP

**2 \$5**  
FOR  
MUST BUY 2, LIMIT 4 OFFERS

**KEEBLER EXPORT SODA CRACKERS**  
28 OZ. CAN

**\$5.99**  
ea.  
LIMIT 4 OFFERS

**LOTUS BISCOFF COOKIES**  
8.8 OZ. PKG., ORIGINAL

**\$2.99**  
ea.

**ALESSI BREADSTICKS**  
CRISPS 3-4.4 OZ. PKG., THIN, SESAME, GARLIC

**3 \$5**  
FOR

**DORITOS TORTILLA CHIPS**  
10.6-11.5 OZ. BAG, ASST. VAR.

**\$3.99**  
ea.

**THOMAS' ENGLISH MUFFINS**  
6 PACK, 13 OZ. BAG, ORIGINAL ONLY, EXCLUDES ALL OTHER VARIETIES & ORIGINAL WHOLE GRAIN

**BUY ONE GET TWO FREE**  
3 FOR \$5.29

**ENTENMANN'S LOAF CAKES**  
11.5-16 OZ. BOX, ASST. VAR.

**\$2.99**  
ea.

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website [KeyFoodMan.com](http://KeyFoodMan.com)

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