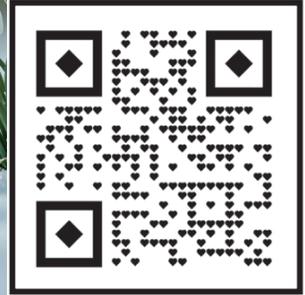




JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

SCAN THE QR CODE TO SHOP ONLINE



MARCH 2026 FRI 20 SAT 21 SUN 22 MON 23 TUE 24 WED 25 THU 26

5% SENIOR DISCOUNT EVERY TUESDAY!
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

WE ACCEPT EBT **OTC**
NO CLUB CARD NEEDED! Network

First Day of Spring

HOME DELIVERY
CHOOSE US ON
instacart mercatō
DOORDASH Uber Eats
KeyFoodMan.com
OR CALL THE STORE FOR PHONE ORDERS
Curbside Pickup Available!

Fresh Cut MEAT

BEEF BONE-IN SHELL STEAKS
USDA CHOICE
FAMILY PACK



\$12.99 lb.

BEEF BONELESS TOP ROUND LONDON BROIL
USDA CHOICE



\$6.99 lb.

BEEF BONELESS FIRST CUT BRISKET OF BEEF
USDA CHOICE



\$9.99 lb.

FRESH BONELESS CHICKEN BREAST
USDA GRADE A



\$2.99 lb.

Delicious DELI

PASSOVER & EASTER CATERING AVAILABLE!
ALL DELI MADE FRESH DAILY!

OUR DELI AMERICAN CHEESE



\$4.99 lb.

HORMEL SWEET VIRGINIA HAM



\$6.99 lb.

BUTTERBALL TURKEY BREAST



\$8.99 lb.

BELGIOIOSO MOZZARELLA
8 OZ. PKG., ASST. VAR., BALLS, LOGS



3 \$10 FOR

ALL STORES HAVE A CHEF ON PREMISES!

Fresh PRODUCE

RED OR GREEN SEEDLESS GRAPES
JUMBO



\$1.49 lb.

LARGE HASS AVOCADOS
FRESH FROM MEXICO,
GREAT FOR GUACAMOLE



99¢ ea.

US #1 YELLOW ONIONS
2 LB. BAG



99¢ ea.

LARGE NAVEL OR CARA CARA ORANGES



4 \$5 FOR

FRESH EXPRESS CRUNCHY & TENDER BLENDS
5-11 OZ. BAG, ASST. VAR.



\$2.99 ea.

IN-STORE GROCERY Savings

POLAND SPRING SPRING WATER
24 PACK, 16.9 OZ. BTL., 405.6 OZ. PKG., +TAX +DEP



3 \$12.99 FOR

MOTT'S FOR TOTS APPLE OR FRUIT JUICE
64 OZ. BTL., ASST. VAR.



\$2.99 ea.

CHOCK FULL O'NUTS GROUND COFFEE
23-26 OZ. CONT., ASST. VAR.



\$10.99 ea.

LIPTON TEA BAGS
72 CT. BOX, ORGANIC, 100 CT. BOX, ORIGINAL



\$3.99 ea.

URBAN MEADOW EVAPORATED MILK
12 OZ. CAN, REGULAR, FAT FREE



5 \$5 FOR

CRISCO COOKING OIL
128 OZ. CONT. VEGETABLE, CANOLA



\$9.99 ea.

GOLD MEDAL FLOUR
5 LB. BAG, ALL PURPOSE, UNBLEACHED, EXCLUDES SELF RISING, WHOLE WHEAT



2 \$5 FOR

URBAN MEADOW GRANULATED SUGAR
4 LB. BAG



\$3.49 ea.



MRS. ADLER'S GEFILTE FISH
24 OZ. JAR, ASST. VAR.



\$6.99 ea.

STREIT'S PASSOVER MATZO
16 OZ. BOX



\$1.99 ea.

KEDEM GRAPE JUICE
22 OZ. BTL., ASST. VAR.



2 \$7 FOR

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

URBAN MEADOW BUTTER QUARTERS
16 OZ. BOX, SALTED, UNSALTED



\$1.99 ea.

PETE & GERRY'S ORGANIC LARGE EGGS
1 DOZEN CRTN., GRADE A



\$4.99 ea.

GALBANI MOZZARELLA
16 OZ. PKG., WHOLE MILK, PART SKIM



\$3.49 ea.

GALBANI RICOTTA
32 OZ. CONT., WHOLE, PART SKIM



\$3.99 ea.

TROPICANA TWISTER ADES OR PUNCH
59 OZ. CONT., ASST. VAR.



\$1.99 ea.

OIKOS, OIKOS TRIPLE ZERO, TWO GOOD, OR LIGHT & FIT GREEK YOGURT OR YOCRUNCH
4.5-6 OZ. CONT., ASST. VAR. INCLUDING REMIX



5 \$6 FOR

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website **KeyFoodMan.com**

CURBSIDE PICKUP AVAILABLE! ORDER ONLINE OR CALL OUR STORES

Fresh PRODUCE

EARTHBOUND FARM ORGANIC SALADS
5 OZ. PKG., ASST. VAR.



2 \$7
FOR

NORTHWEST HONEY CRISP APPLES PREMIUM



\$2.99
lb.

GIORGIO BABY BELLA MUSHROOMS
8 OZ. PKG., WHOLE OR SLICED



2 \$5
FOR

US #1 SWEET POTATOES NORTH CAROLINA



\$1.29
lb.

US #1 SEEDLESS YELLOW LEMONS
2 LB. BAG



\$3.99
ea.

Fresh Cut MEAT & FISH

FRESH BONE-IN CENTER CUT PORK CHOPS FAMILY PACK



\$2.99
lb.

FRESH THIN SLICED CHICKEN BREAST CUTLETS
Store-Made GRADE A



\$4.99
lb.

FRESH BONELESS CHICKEN THIGHS STORE PACK GRADE A



\$2.99
lb.

BEEF BONE-IN CHUCK SHORT RIBS OF BEEF
USDA CHOICE



\$8.99
lb.

85% LEAN GROUND TURKEY BUTTERBALL FRESH
16 OZ. PKG.



\$3.99
ea.

NORTH ATLANTIC SALMON FILLET FRESH



\$11.99
lb.

Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

BOAR'S HEAD DELUXE HAM



\$12.99
lb.

BOAR'S HEAD PIT CRAFT TURKEY BREAST



\$13.99
lb.

MAGNIFICO GENOA OR HARD SALAMI



\$7.99
lb.

PANERA SOUPS
16 OZ. CONT., ASST. VAR.



\$4.99
ea.

Store Prepared POTATO & EGG SALAD



\$5.99
lb.

Store Baked CRUSTY FRENCH
18 OZ. LOAF



\$3.99
ea.

MINI MUFFINS
12 CT., 10.3 OZ. PKG., ASST. VAR.



\$4.99
ea.

CHECK OUT OUR **NEW PARTY MENU** ONLINE at KeyFoodMan.com or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

TURKEY HILL ADES OR ICED TEA
64 OZ. CONT., ASST. VAR.



\$1.99
ea.

LIMIT 4 OFFERS

LAYOGURT YOGURT CUPS
32 OZ. CONT., ASST. VAR.



\$2.99
ea.

SIMPLY ORANGE JUICE
46 OZ. BTL., ASST. VAR.



\$3.99
ea.

BORDEN SHREDDED OR CHUNK CHEESE
5-8 OZ. PKG., ASST. VAR., PREPARED OF REGULAR



2 \$6
FOR

CHOBANI COFFEE CREAMERS
24 OZ. CONT., ASST. VAR.



\$4.99
ea.

CALIFIA MILKS
48 OZ. CONT., SIMPLY COCONUT, UNSWEETENED, ZERO SUGAR OATMILK, ASSORTED ALMONDMILK, FAT EXCLUDES ORGANIC, COCONUT



2 \$7
FOR

FROZEN Foods

EGGO WAFFLES OR BUTTERMILK PANCAKES
23.2-29.6 OZ. BOX, ASST. VAR., EXCLUDES ALL OTHER VARIETIES



\$5.99
ea.

MCCAIN CRAFT BEER ONION RINGS
14 OZ. BAG, OR POTATOES 19-32 OZ. BAG, ASST. VAR.



2 \$6
FOR

MUST BUY 2, LIMIT 2 OFFERS

DIGIORNO FROZEN PIZZAS
15.3-29.3 OZ. BOX, RISING, THIN, HAND TOSSED, CROISSANT CRUST, ASST. VAR.



\$5.99
ea.

BIRDS EYE CHOPPED SPINACH
10 OZ. BOX, PLAIN



\$1.49
ea.

TALENTI SORBETTO OR GELATO
16 OZ. CONT., ASST. VAR., EXCLUDES TALENTI LAYERS



2 \$8
FOR

MUST BUY 2, LIMIT 2 OFFERS

FRIENDLY'S ICE CREAM
48 OZ. CONT., ASST. VAR., EXCLUDES NATURALLY



2 \$6
FOR

MUST BUY 2, LIMIT 3 OFFERS

IN-STORE GROCERY Savings

EIGHT O'CLOCK COFFEE K-CUPS
10-12 CT. BOX, ASST. VAR.



\$6.99
ea.

HEINZ TOMATO KETCHUP
20 OZ. SQUEEZE



2 \$5
FOR

MUST BUY 2, LIMIT 2 OFFERS

BARILLA MANICOTTI OR JUMBO SHELLS
8-12 OZ. BOX, WAVY OR OVEN READY LASAGNA, 9-16 OZ. BOX



3 \$5
FOR

MUST BUY 3, LIMIT 2 OFFERS

BARILLA PASTA BLUE BOX
12-16 OZ. BOX, ASST. VAR., EXCLUDES MANICOTTI, LASAGNA, JUMBO SHELLS, GLUTEN FREE, AL BRONZO, COLLEZIONE, PROTEIN+



4 \$5
FOR

MUST BUY 4, LIMIT 2 OFFERS

CLASSICO PASTA OR ALFREDO SAUCE
15-24 OZ. JAR, CLASSIC ASST. VAR.



2 \$5
FOR

MUST BUY 2, LIMIT 3 OFFERS

BUMBLE BEE Wild Caught PINK SALMON
14.75 OZ. CAN



\$3.99
ea.

BRUNSWICK SARDINES
3.75 OZ. CAN, IN SOYBEAN OIL



3 \$3
FOR

MUST BUY 3, LIMIT 4 OFFERS

STARKIST CHUNK LIGHT TUNA
5 OZ. CAN, IN OIL, IN WATER



89¢
ea.

LIBBY'S VEGETABLES
14.5-15.25 OZ. CAN, ASST. VAR., EXCLUDES ORGANIC



4 \$5
FOR

MUST BUY 4, LIMIT 2 OFFERS

URBAN MEADOW BATH TISSUE
20 ROLL PACK, 2106.9 SQ. FT. PKG.



\$13.99
ea.

NUTELLA BISCUITS
9.7 OZ. PKG.



\$4.99
ea.

CHEETOS, DORITOS, OR RUFFLES
5.25-11.5 OZ. BAG, ASST. VAR.



\$3.99
ea.

VINTAGE CLUB SODA, TONIC, DIET TONIC, OR SELTZER
1 LITER, 33.8 OZ. BTL., ASST. VAR., +TAX+DEP



5 \$3
FOR

MUST BUY 5, LIMIT 2 OFFERS

CANADA DRY, A&W, SUNKIST, OR 7UP SODA
2 LITER, 67.6 OZ. BTL., ASST. VAR., +TAX+DEP



2 \$5
FOR

MUST BUY 2, LIMIT 2 OFFERS

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website KeyFoodMan.com

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