



JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM



SCAN THE QR CODE TO SHOP ONLINE

MARCH 2026 FRI 6 SAT 7 SUN 8 MON 9 TUE 10 WED 11 THU 12

5% SENIOR DISCOUNT EVERY TUESDAY!
\$25 MINIMUM PURCHASE MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

WE ACCEPT EBT! NO CLUB CARD NEEDED! **OTC Network**

CELEBRATE St. Patrick's DAY

HOME DELIVERY
CHOOSE US ON
instacart mercat@
DOORDASH Uber Eats
KeyFoodMan.com
OR CALL THE STORE FOR PHONE ORDERS
Curbside Pickup Available!

Fresh Cut MEAT

COOK'S CORNED BEEF THICK CUT

With Additional \$25.00 Purchase, Without Any Purchase ... \$4.99 lb.

\$2.99 lb.

COOK'S

LIMIT 2 OFFERS

COOK'S CORNED BEEF THIN CUT

\$6.99 lb.

COOK'S

BEEF BONELESS TOP ROUND LONDON BROIL USDA CHOICE

\$5.99 lb.

USDA CHOICE

FRESH BONELESS CHICKEN BREAST USDA GRADE A FAMILY PACK

\$2.99 lb.

USDA GRADE A

Delicious DELI

ALL DELI MADE FRESH DAILY!

LAND O LAKES AMERICAN CHEESE YELLOW, WHITE

\$5.99 lb.

HORMEL PREMIUM HAM

\$6.99 lb.

IRISH SODA BREAD 16 OZ. LOAF

\$4.99 ea.

KERRYGOLD IRISH CHEESE WEDGES 7 OZ. PKG.

\$4.99 ea.

ALL STORES HAVE A CHEF ON PREMISES!

Fresh PRODUCE

LARGE HASS AVOCADOS FRESH FROM MEXICO, GREAT FOR GUACAMOLE

99¢ ea.

Avocados Mexico ALWAYS GOOD

RED RIPE STRAWBERRIES 1 LB. CONT., OR BLACKBERRIES, 6 OZ. CONT.

\$2.99 ea.

GIORGIO BABY BELLA MUSHROOMS 8 OZ. PKG., WHOLE OR SLICED

\$1.99 ea.

BEEFSTEAK TOMATOES LARGE

\$1.49 lb.

SEEDLESS CLEMENTINES OR MINNEOLA ORANGES 3 LB. BAG, CALIFORNIA

\$4.99 ea.

IN-STORE GROCERY Savings

POLAND SPRING SPRING WATER 24 PACK, 16.9 OZ. BTL., 405.6 OZ. PKG., +TAX +DEP

3 \$12.99 FOR

MUST BUY 3, LIMIT 1 OFFER

CAFE BUSTELO ESPRESSO GROUND COFFEE 10 OZ. BRICK

\$5.99 ea.

LIMIT 2 OFFERS

QUAKER OATS 42 OZ. CONT., QUICK, OLD FASHIONED

\$4.99 ea.

PEARL MILLING COMPANY PANCAKE MIX, 24-32 OZ. BOX, OR SYRUP, 24 OZ. BTL., ASST. VAR.

\$2.99 ea.

LIMIT 3 OFFERS

JIF PEANUT BUTTER 15.5-16 OZ. JAR, ASST. VAR., EXCLUDES NO SUGAR ADDED

2 \$5 FOR

MUST BUY 2, LIMIT 2 OFFERS

CRISCO COOKING OIL 128 OZ. CONT., VEGETABLE, CANOLA

\$9.99 ea.

LIMIT 3 OFFERS

HEINZ TOMATO KETCHUP 38 OZ. BTL.

\$3.99 ea.

LIMIT 2 OFFERS

SCOTT BATH TISSUE WHITE, 12 ROLLS, 1257.6 SQ. FT. PKG.

\$10.99 ea.

LIMIT 4 OFFERS

DOMINO GRANULATED SUGAR 4 LB. BAG, WHITE

\$4.49 ea.

MOTT'S APPLE JUICE 64 OZ. BTL., ASST. VAR.

2 \$7 FOR

CHICKEN OF THE SEA CHUNK WHITE TUNA 5 OZ. CAN, IN OIL, IN WATER

3 \$3 FOR

BUMBLE BEE Wild Caught PINK SALMON 14.75 OZ CAN

\$3.99 ea.

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

URBAN MEADOW SHREDDED OR BAR CHEESE 6-8 OZ. PKG., ASST. VAR.

2 \$4 FOR

PETE & GERRY'S ORGANIC MEDIUM EGGS 1 DOZEN CRTN., GRADE A

\$3.99 ea.

FLORIDA'S NATURAL JUICE 52 OZ. CONT., ASST. VAR.

2 \$7 FOR

MUST BUY 2, LIMIT 4 OFFERS

CHOBANI GREEK YOGURT 4.5-5.3 OZ. CONT., ASST. VAR., EXCLUDES FLIPS, CREATIONS

4 \$5 FOR

HOTEL BAR BUTTER QUARTERS 16 OZ. PKG., SALTED, UNSALTED

\$3.99 ea.

PLANET OAT CREAMERS 32 OZ. CONT., ASST. VAR.

2 \$6 FOR

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website **KeyFoodMan.com**

CURBSIDE PICKUP AVAILABLE! ORDER ONLINE OR CALL OUR STORES

Fresh PRODUCE

 <p>FRESH EXPRESS SALAD KITS 7-12 OZ. BAG, ASST. VAR.</p> <p>2 \$7 FOR</p>	 <p>FANCY GREEN ZUCCHINI SQUASH FRESH YELLOW SQUASH, OR PURPLE EGGPLANT</p> <p>\$1.99 lb.</p>	 <p>BRUSSEL SPROUTS</p> <p>\$2.99 ea.</p>	 <p>NAKED FRUIT & VEGETABLE JUICES 46 OZ. BTL., ASST. VAR.</p> <p>\$5.99 ea.</p>	 <p>GLORY FOODS BAGGED GREENS ASST. VAR.</p> <p>2 \$7 FOR</p>
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Fresh Cut MEAT & FISH

 <p>BEEF BONELESS FLAT IRON STEAKS USDA CHOICE</p> <p>\$8.99 lb.</p>	 <p>BEEF BONE-IN CHUCK SHORT RIBS OF BEEF USDA CHOICE</p> <p>\$8.99 lb.</p>	 <p>FRESH BONE-IN CENTER CUT PORK CHOPS FAMILY PACK</p> <p>\$2.99 lb.</p>	 <p>PREMIO ITALIAN SAUSAGE 16 OZ. PKG., SWEET, HOT</p> <p>\$4.99 ea.</p>	 <p>URBAN MEADOW BACON 16 OZ. PKG., ASST. VAR.</p> <p>\$5.99 ea.</p>	 <p>NORTH ATLANTIC SALMON FILLET FRESH</p> <p>\$11.99 lb.</p>
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Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

 <p>BOAR'S HEAD HONEY MAPLE TURKEY</p> <p>\$13.99 lb.</p>	 <p>HORMEL SWEET VIRGINIA HAM</p> <p>\$8.99 lb.</p>	 <p>MAGNIFICO HARD SALAMI</p> <p>\$8.99 lb.</p>	 <p>Store Prepared SEAFOOD SALAD</p> <p>\$7.99 lb.</p>	 <p>Store Prepared SOLID WHITE TUNA SALAD</p> <p>\$9.99 lb.</p>	 <p>Store Prepared GREEK PASTA SALAD</p> <p>\$8.99 lb.</p>	 <p>HOT CROSS BUNS 14 OZ. PKG.</p> <p>\$5.99 ea.</p>
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CHECK OUT OUR **NEW PARTY MENU** ONLINE at KeyFoodMan.com or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

 <p>TURKEY HILL AIDES OR ICED TEA 64 OZ. CONT., ASST. VAR.</p> <p>\$1.99 ea.</p> <p>LIMIT 4 OFFERS</p>	 <p>PHILADELPHIA CREAM CHEESE 2 PACK, 16 OZ. PKG., BRICK</p> <p>\$5.99 ea.</p> <p>LIMIT 4 OFFERS</p>	 <p>IMPERIAL SPREAD 45 OZ. CONT., REGULAR</p> <p>\$3.99 ea.</p>	 <p>URBAN MEADOW HALF & HALF 32 OZ. CONT., FAT FREE, REGULAR</p> <p>\$2.99 ea.</p>	 <p>INTERNATIONAL DELIGHT CREAMERS HAZELNU 32 OZ. CONT., ASST. VAR.</p> <p>\$6.99 ea.</p>	 <p>GALBANI RICOTTA 15 OZ. CONT., WHOLE, PART SKIM</p> <p>\$3.99 ea.</p>
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FROZEN Foods

 <p>EGGO WAFFLES, FRENCH TOAST, OR PANCAKES 8.4-14.8 OZ. BOX, ASST. VAR., EXCLUDES THICK & FLUFFY, PROTEIN & FAMILY SIZE</p> <p>2 \$5 FOR</p> <p>MUST BUY 2, LIMIT 2 OFFERS</p>	 <p>RESTAURANT BRAND FRENCH FRIES OR ONION RINGS 14-28 OZ. BAG, ASST. VAR., ARBY'S, CHECKER'S, NATHAN'S, RED ROBIN</p> <p>2 \$8 FOR</p> <p>MUST BUY 2, LIMIT 2 OFFERS</p>	 <p>BIRDS EYE CHOPPED SPINACH 10 OZ. BOX, PLAIN</p> <p>\$1.49 ea.</p>	 <p>BIRDS EYE STEAMFRESH PLAIN VEGETABLES 10-10.8 OZ. PKG., MIXED VEGETABLES, CUT CORN, SWEET PEAS, BROCCOLI CUTS, CUT GREEN BEANS</p> <p>3 \$5 FOR</p> <p>MUST BUY 3, LIMIT 4 OFFERS</p>	 <p>BREYERS ICE CREAM 48 OZ. CONT., ASST. VAR.</p> <p>2 \$8 FOR</p> <p>MUST BUY 2, LIMIT 4 OFFERS</p>	 <p>TALENTI SORBETTO OR GELATO 16 OZ. CONT., ASST. VAR., EXCLUDES TALENTI LAYERS</p> <p>2 \$8 FOR</p> <p>MUST BUY 2, LIMIT 2 OFFERS</p>
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IN-STORE GROCERY Savings

 <p>CHOCK FULL O'NUTS GROUND COFFEE 10.2-11.3 OZ. CAN, ASST. VAR., EXCLUDES DECAF</p> <p>\$6.99 ea.</p> <p>LIMIT 2 OFFERS</p>	 <p>ARIZONA ICED TEA OR JUICE 128 OZ. CONT., ASST. VAR.</p> <p>\$2.99 ea.</p> <p>LIMIT 4 OFFERS</p>	 <p>NUTRAMENT ENERGY NUTRITION DRINKS 11 FL. OZ. CAN, ASST. VAR.</p> <p>2 \$4 FOR</p>	 <p>KRAFT DRESSING 16 OZ. BTL., ASST. VAR.</p> <p>2 \$4 FOR</p> <p>MUST BUY 2, LIMIT 2 OFFERS</p>	 <p>BARILLA PASTA BLUE BOX 12-16 OZ. BOX, ASST. VAR., EXCLUDES MANICOTTI, LASAGNA, JUMBO ROTINI SHELLS, GLUTEN FREE, AL BRONZO, COLLEZIONE, PROTEIN+</p> <p>4 \$6 FOR</p>	 <p>FRANCESCO RINALDI ALFREDO OR PASTA SAUCE 15-24 OZ. JAR, ASST. VAR.</p> <p>2 \$4 FOR</p>	 <p>CAROLINA LONG GRAIN RICE 10 LB. BAG, WHITE, PARBOILED</p> <p>\$8.99 ea.</p>
 <p>URBAN MEADOW BATH TISSUE 20 ROLL PACK, 2106.9 SQ. FT. PKG.</p> <p>\$13.99 ea.</p>	 <p>GOYA GANDULES VERDES 15 OZ. CAN, REGULAR, LOW SODIUM</p> <p>3 \$5 FOR</p> <p>MUST BUY 3, LIMIT 3 OFFERS</p>	 <p>CANADA DRY, A&W, SUNKIST, OR 7UP SODA 2 LITER, 67.6 OZ. BTL., ASST. VAR., +TAX+DEP</p> <p>2 \$5 FOR</p> <p>MUST BUY 2, LIMIT 2 OFFERS</p>	 <p>SNAPPLE ICED TEA OR JUICE 12 PACK, 16 OZ. BTL., 192 OZ. PKG., ASST. VAR.</p> <p>\$8.99 ea.</p>	 <p>CHEEZ-IT CRACKERS 9-14.42 OZ. PKG., ASST. VAR.</p> <p>2 \$6 FOR</p> <p>MUST BUY 2, LIMIT 4 OFFERS</p>	 <p>TOSTITOS TORTILLA CHIPS 9-14.42 OZ. BAG, OR SALSA, 15.5 OZ. JAR, ASST. VAR.</p> <p>\$3.99 ea.</p>	 <p>PEPPERIDGE FARM SWIRL BREAD 14-16 OZ. BAG, ASST. VAR.</p> <p>\$3.49 ea.</p>

LOCALLY OWNED & OPERATED

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