



JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

OCTOBER 2026 FRI 2 SAT 3 SUN 4 MON 5 TUE 6 WED 7 THU 8

5% SENIOR DISCOUNT
EVERY TUESDAY!
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

WE ACCEPT EBT
NO CLUB CARD NEEDED!



HOME DELIVERY
CHOOSE US ON

KeyFoodMan.com
OR CALL THE STORE FOR
PHONE ORDERS
Curbside Pickup Available!

**YOU COULD BE SAVING MORE
WITH
DIGITAL COUPONS!**



**SCAN THE QR CODE
FOR THE APP**

Fresh Cut MEAT

**BEEF BONE-IN
SHELL STEAKS**
USDA CHOICE



\$11.99
lb.



**FRESH BONELESS
CHICKEN BREAST**
USDA GOVT. INSPECTED
FAMILY PACK



\$1.99
lb.



**SLICED BONE-IN
PORK CHOPS**
FAMILY PACK



\$2.49
lb.

**FRESH BONELESS
CHICKEN THIGHS**
USDA GOVT. INSPECTED



\$2.99
lb.



Delicious DELI

ALL DELI MADE FRESH DAILY!

**BOAR'S HEAD
BOLOGNA**



\$7.99
lb.

**BOAR'S HEAD
AMERICAN CHEESE**



\$6.99
lb.

**Our Own
ROASTED TURKEY
BREAST**



\$7.99
lb.

**BUTTERBALL
BUFFALO CHICKEN
BREAST**



\$7.99
lb.

ALL STORES HAVE A CHEF ON PREMISES!

Fresh PRODUCE



**RED OR GREEN
SEEDLESS GRAPES**
CALIFORNIA, EXTRA LARGE

\$2.99
lb.



**LARGE BEEFSTEAK
TOMATOES**

\$1.99
lb.



**New Crop
CALIFORNIA
POMEGRANATES**

3 \$1.10
FOR



**NEW YORK STATE
EXTRA FANCY
HONEYCRISP
APPLES**

\$1.49
lb.



**FRESH EXPRESS
SALAD KITS**
7-12 OZ. BAG,
ASST. VAR.

\$3.99
ea.

SAVE MORE THIS WEEKEND. FRI, 10/2 - SUN, 10/4



**CAFE BUSTELO
ESPRESSO GROUND
COFFEE**
6 OZ. BRICK

\$2.49
ea.

LIMIT 2 OFFERS



**BARILLA PASTA
BLUE BOX**
12-16 OZ. BOX, ASST. VAR.,
EXCLUDES MANICOTTI,
LASAGNA, JUMBO SHELLS,
GLUTEN FREE, AL BRONZO,
COLLEZIONE, PROTEIN+

5 \$5
FOR

MUST BUY 5, LIMIT 2 OFFERS



**PROGRESSO VEGETABLE
CLASSIC SOUPS**
OR HIGH PROTEIN
MEDITERRANEAN STYLE
LENTIL SOUP
18-19 OZ. CAN,
VEGETAR. ASST. VAR.,

5 \$5
FOR

MUST BUY 5, LIMIT 2 OFFERS



**KRAFT
MAC & CHEESE
BOXES OR CUPS**
5.5-7.3 OZ. BOX, ASST.
VAR., 2.05 OZ. CUP,
KRAFT ORIGINAL,
2.39 OZ. CUP,
VELVEETA SHELLS CUP
EXCLUDES GLUTEN FREE &
PLANT BASED

5 \$5
FOR

MUST BUY 5, LIMIT 2 OFFERS



**BUMBLE BEE
SOLID WHITE TUNA**
5 OZ. CAN,
IN OIL, IN WATER,
LOW SODIUM

5 \$5
FOR

MUST BUY 5, LIMIT 2 OFFERS



**CAROLINA
(LONG GRAIN RICE**
20 LB. BAG,
WHITE, PARBOILED

\$9.99
ea.

LIMIT 2 OFFERS



**POLAND SPRING
SPRING WATER**
24 PACK, 16.9 OZ. BTLs.,
405.6 OZ. PKG.,
+TAX +DEP

3 \$12.99
FOR

MUST BUY 3, LIMIT 1 OFFER



**LIPTON
TEA BAGS**
72 CT. BOX, ORGANIC,
100 CT. BOX, ORIGINAL

\$4.99
ea.

LIMIT 4 OFFERS



**CARNATION
EVAPORATED MILK**
12 OZ. CAN,
REGULAR, LOW FAT,
FAT FREE

2 \$3
FOR

MUST BUY 2, LIMIT 4 OFFERS



**CRISCO
COOKING OIL**
128 OZ. CONT.,
VEGETABLE, CANOLA
EXCLUDES CORN

\$10.99
ea.

LIMIT 4 OFFERS



**SCOTT
BATH TISSUE**
WHITE, 12 ROLLS,
1257.6 SQ. FT. PKG.

\$10.99
ea.

LIMIT 4 OFFERS



BOUNTY PAPER TOWELS
8-20 DOUBLE ROLL, FULL SHEET,
SELECT-A-SIZE, 371-392 SQ. FT. PKG.

\$19.99
ea.

LIMIT 4 OFFERS

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!



**GALBANI
RICOTTA**
32 OZ. CONT.,
WHOLE, PART SKIM,
PREPARED OR REGULAR

\$3.99
ea.



**FLORIDA'S NATURAL
ORANGE JUICE**
52 OZ. CONT.,
ASST. VAR.

2 \$7
FOR

MUST BUY 2, LIMIT 4 OFFERS



**CHOBANI
GREEK YOGURT**
4.5-5.3 OZ. CONT.,
GREEK, ZERO SUGAR,
& LESS SUGAR, ASST. VAR.,
EXCLUDES FLIPS, CREATIONS

4 \$5
FOR



**PETE & GERRY'S
ORGANIC MEDIUM EGGS**
1 DOZEN CRTN.,
GRADE A

\$3.99
ea.



**INTERNATIONAL
DELIGHT
CREAMERS**
32 OZ. CONT.,
ASST. VAR.

2 \$7
FOR

**LOCALLY
OWNED & OPERATED**

Shop Online Thru Our Website **KeyFoodMan.com**

CURBSIDE PICKUP AVAILABLE!
ORDER ONLINE OR CALL OUR STORES

Fresh PRODUCE

**EXTRA LARGE NAVEL
OR LARGE CARA CARA
ORANGES**



4 \$5
FOR

New Crop **US #1
BARTLETT, BOSCH, OR
ANJOU PEARS**



\$1.99
lb.

Wow! New Crop **NEW YORK STATE
FANCY APPLES**
4 LB. TOTE BAG,
GINGER GOLD,
MACINTOSH,
GALA,
OR CORTLAND



\$3.99
ea.

New Crop **FALL HARD SQUASH**
ACORN, BUTTERNUT,
KABOCHA, SPAGHETTI



\$1.29
lb.

**DECORATIVE
INDIAN CORN**
3 COUNT PKG.



\$4.99
ea.

**ZEIGLER'S
APPLE CIDER**
64 OZ. CONT.,
ASST. VAR.



\$3.99
ea.

Fresh Cut MEAT & FISH

**FRESH
CHICKEN WINGS**
STORE PACK
USDA GOVT. INSPECTED
JUMBO PACK



\$2.99
lb.

**BEEF BONELESS
BOTTOM ROUND
ROAST**
USDA CHOICE



\$5.99
lb.

**FROZEN
BEEF OXTAILS**



\$9.99
lb.

**BEEF BONE-IN
CHUCK SHORT RIBS**
USDA CHOICE



\$9.99
lb.

**PERDUE
GROUND CHICKEN**
16 OZ. PACK
EXCLUDES 98%



\$3.99
ea.

**85% LEAN
GROUND TURKEY**
BUTTERBALL FRESH,
3 LB. PKG., FAMILY PACK



\$12.99
ea.

Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

**BOAR'S HEAD
CRACKED PEPPER
TURKEY BREAST**



\$13.99
lb.

**BOAR'S HEAD
MAPLE GLAZED
TURKEY BREAST**



\$9.99
lb.

**DILUSSO
NATURAL CASING
GENOA SALAMI**



\$11.99
lb.

**CEDAR'S
HOMMUS**
8 OZ. CONT.,
ASST. VAR.



2 \$6
FOR

**Our Own
POTATO SALAD,
MACARONI SALAD,
OR COLESLAW**
WITH HELLMAN'S
MAYONNAISE



\$3.99
lb.

**Store Made
GREEK PASTA
SALAD**



\$8.99
lb.

**Store Made
CHICKEN WINGS
OR TENDERS**
ASST. VAR.



\$8.99
lb.

**APPLE OR
APPLE CRUMB
PIES**
24 OZ. PKG.



\$5.99
ea.

CHECK OUT OUR **NEW PARTY MENU** ONLINE at **KeyFoodMan.com** or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

**ORGANIC VALLEY
MILK**
64 OZ. CONT.,
ASST. VAR.,
EXCLUDES GRASSFED &
DHA MILK



\$4.99
ea.

**MINUTE MAID
ADES OR PUNCHES**
59 OZ. CONT.,
ASST. VAR.



2 \$4
FOR

**SARGENTO
BALANCE BREAKS**
2-4.5 OZ. PKG.,
ASST. VAR.



\$3.99
ea.

**BORDEN
SHREDDED OR
CHUNK CHEESE**
5-8 OZ. PKG.,
ASST. VAR.



2 \$5
FOR

**STONYFIELD
ORGANIC YOGURT**
32 OZ. CONT.,
ASST. VAR.



\$4.99
ea.

**BEST YET
CREAM CHEESE BAR**
REGULAR
8 OZ. PKG.



\$1.99
ea.

**DAISY
SOUR CREAM**
14 OZ. SQUEEZE,
REGULAR, LIGHT



2 \$6
FOR

FROZEN Foods

**EGGO
WAFFLES OR
BUTTERMILK
PANCAKES**
23.2-29.6 OZ. BOX,
ASST. VAR.,
EXCLUDES ALL OTHER
VARIETIES



\$5.99
ea.

**RED BARON
CLASSIC CRUST PIZZA**
17.82-23.45 OZ. BOX,
ASST. VAR.



\$4.99
ea.

**BOSTON MARKET
DINNERS**
13-15 OZ. PKG.,
ASST. VAR.



\$2.99
ea.

**URBAN MEADOW
VEGETABLES**
16 OZ. BAG,
ASST. VAR.



2 \$4
FOR

**MAMITA'S
HOMEMADE STYLE
FLAVORED ICE
MAKERS**
16 FL. OZ. BOX



\$3.99
ea.

**TURKEY HILL
ICE CREAM**
46 OZ. CONT., ASST. VAR.,
EXCLUDES SIMPLY NATURAL



\$3.99
ea.

**HÄAGEN-DAZS
ICE CREAM**
14 OZ. CONT.,
ASST. VAR.



3 \$10
FOR

IN-STORE GROCERY Savings

**CHOCK FULL O'NUTS
GROUND COFFEE**
23-26 OZ. CONT.,
ASST. VAR.,
EXCLUDES DECAF



\$12.99
ea.

**NUTRAMENT ENERGY
NUTRITION DRINKS**
11 FL. OZ. CAN,
ASST. VAR.



2 \$4
FOR

**HEINZ
TOMATO KETCHUP**
38 OZ. BTL.



\$3.49
ea.

**RONZONI
LASAGNA OR
SHELLS**
16 OZ. BOX, CURLY,
8 OZ. BOX, OVEN READY,
12 OZ. BOX JUMBO



2 \$4
FOR

**CANADA DRY, A&W,
SUNKIST, OR 7UP
SODA**
2 LITER, 67.6 OZ. BTL.,
ASST. VAR.,
+TAX+DEP



2 \$5
FOR

**PEPSI OR
SCHWEPES SODA**
12 PACK, 12 OZ. CANS,
144 OZ. PKG., ASST. VAR.,
+TAX+DEP



\$7.99
ea.

**SNAPPLE
ICED TEA OR JUICE**
12 PACK, 16 OZ. BTL.,
192 OZ. PKG.,
ASST. VAR.



\$8.99
ea.

**CAPRISUN OR
COUNTRY TIME
LEMONADE**
10 PACKS, 60 OZ. PKG.,
ASST. VAR.,
EXCLUDES ORGANIC



\$2.99
ea.

**VINTAGE
CLUB SODA, TONIC,
DIET TONIC, OR
SELTZER**
1 LITER, 33.8 OZ. BTL.,
ASST. VAR.,
+TAX+DEP



5 \$4
FOR

**GIMME
SEAWEED SNACKS**
6 CT., 6 OZ. PKG.,
SEA SALT OR TERIYAKI



\$4.99
ea.

**CHEETOS CRUNCHY
SNACKS**
6.5-10 OZ. BAG OR RUFFLES
CHIPS - 5.25-9.625 OZ. BAG,
ASST. VAR.



\$3.99
ea.

**ENTENMANN'S
LITTLE BITES**
7-13.5 OZ. BOX,
ASST. VAR.



\$3.99
ea.

**KEEBLER
EXPORT SODA
CRACKERS**
28 OZ. CAN



\$5.99
ea.

**CHIPS AHOY!
COOKIES**
9.5-13 OZ. PKG.,
ASST. VAR.



2 \$7
FOR

LOCALLY
OWNED & OPERATED

Shop Online Thru Our Website

KeyFoodMan.com

We reserve the right to limit 1 per Family. Prices effective this store only. Not responsible for typographic errors. Some pictures are for design purposes only and do not necessarily represent items on sale. PG 2