



JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

SCAN THE QR CODE TO SHOP ONLINE



FEB-MAR 2026 FRI **27** SAT **28** SUN **1** MON **2** TUE **3** WED **4** THU **5**

5% SENIOR DISCOUNT EVERY TUESDAY!
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

WE ACCEPT EBT **OTC**
NO CLUB CARD NEEDED! Network

EVERYDAY WINS

HOME DELIVERY
CHOOSE US ON
instacart mercat@
DOORDASH Uber Eats
KeyFoodMan.com
OR CALL THE STORE FOR
PHONE ORDERS
Curbside Pickup Available!

Fresh Cut MEAT

BEEF BONELESS BOTTOM ROUND ROAST USDA CHOICE

\$4.99 lb.

BEEF BONELESS FLAT IRON STEAKS USDA CHOICE

\$8.99 lb.

FRESH BONELESS CENTER CUT PORK CHOPS FAMILY PACK

\$2.99 lb.

AMERICAN SHOULDER LAMB CHOPS USDA FRESH

\$7.99 lb.

Delicious DELI

ALL DELI MADE FRESH DAILY!

BOAR'S HEAD AMERICAN CHEESE

\$6.99 lb.

DI LUSSO DELUXE HAM

\$6.99 lb.

BUTTER BALL HONEY TURKEY BREAST

\$8.99 lb.

Store Prepared HOT HERO'S ASST., MEATBALL, EGGPLANT PARMIGIANA OR CHICKEN PARMIGIANA

\$9.99 ea.

ALL STORES HAVE A CHEF ON PREMISES!

Fresh PRODUCE

FRESH BROCCOLI CROWNS

\$1.99 lb.

GIORGIO WHITE MUSHROOMS 8 OZ. PKG.

3 \$5 FOR

MISSION MINI HASS AVOCADOS 6 CT. BAG, "SMALL BUT MIGHTY"

\$3.49 ea.

RED RIPE STRAWBERRIES 1 LB. CONT.

\$2.99 ea.

SUNSHINE SNACKS PITTED DATES 24 OZ. TUB

\$4.99 ea.

IN-STORE GROCERY Savings

POLAND SPRING SPRING WATER 24 PACK, 16.9 OZ. BTL., 405.6 OZ. PKG., +TAX +DEP

3 \$12.99 FOR
MUST BUY 3, LIMIT 1 OFFER

MAGNOLIA SWEETENED CONDENSED MILK 14 OZ. CAN, REGULAR, FAT FREE

5 \$10 FOR
MUST BUY 5, LIMIT 2 OFFERS

URBAN MEADOW EVAPORATED MILK 12 OZ. CAN, REGULAR, FAT FREE

5 \$5 FOR
MUST BUY 5, LIMIT 2 OFFERS

PEARL MILLING PEARL MILK COMPANY PANCAKE MIX, 24-32 OZ. BOX, OR SYRUP, 24 OZ. BLT., ASST. VAR.

\$2.99 ea.
LIMIT 3 OFFERS

URBAN MEADOW GRANULATED SUGAR 4 LB. BAG

\$3.49 ea.
LIMIT 3 OFFERS

WESSON COOKING OIL 128 OZ. CONT., CORN, CANOLA, VEGETABLE

\$9.99 ea.
LIMIT 3 OFFERS

HEINZ TOMATO KETCHUP 12-20 OZ. SQUEEZE

2 \$5 FOR
MUST BUY 2, LIMIT 2 OFFERS

HELLMANN'S MAYONNAISE 30 OZ. JAR., ASST. VAR.

\$5.99 ea.
LIMIT 2 OFFERS

BUMBLE BEE Wild Caught PINK SALMON 14.75 OZ CAN

\$3.99 ea.

BRUNSWICK SARDINES 3.75 OZ. CAN, IN SOYBEAN OIL

3 \$3 FOR
MUST BUY 3, LIMIT 4 OFFERS

GOYA BEANS 15.5 OZ CAN, DARK RED KIDNEY, BLACK, PINK, RED KIDNEY, PINTO, SMALL RED, ROMAN, CHICK PEAS EXCLUDES LOW SODIUM OR ORGANIC

4 \$5 FOR
MUST BUY 4, LIMIT 3 OFFERS

CAROLINA LONG GRAIN RICE 20 LB. BAG, WHITE, PARBOILED

\$11.99 ea.
LIMIT 3 OFFERS

Fresh DAIRY WE SELL ORGANIC MILK & EGGS!

EGGLAND'S BEST LARGE WHITE EGGS 18 CT. CRTN., GRADE A

\$3.99 ea.
LIMIT 2 OFFERS

URBAN MEADOW SHREDDED OR BAR CHEESE 6-8 OZ. PKG., ASST. VAR.

2 \$4 FOR

TROPICANA TWISTER FLAVORED OR PUNCH 59 OZ. CONT., ASST. VAR.

\$1.99 ea.

TROPICANA PURE PREMIUM ORANGE JUICE 46 OZ. BTL, ORIGINAL, LIGHT, GRAPEFRUIT, ASST. VAR.

\$3.99 ea.

OIKOS, OIKOS TRIPLE ZERO, TWO GOOD, OR LIGHT & FIT GREEK YOGURT 4.5-5.3 OZ. CONT., ASST. VAR. INCLUDING REMIX

4 \$5 FOR

BLUE DIAMOND ALMOND BREEZE MILK 64 OZ. CONT., ASST. VAR.

\$2.99 ea.

Fresh PRODUCE

OLIPOP SODA
12 OZ. CANS, ASST. VAR.

2 \$4
FOR

NAVEL ORANGES
3 LB. BAG

\$3.99
ea.

WONDERFUL SEEDLESS YELLOW LEMONS
1 LB. BAG

\$2.99
ea.

GREEN KIWIS

3 \$2
FOR

FRESH EXPRESS GARDEN SALAD OR OLD FASHIONED COLESLAW

\$1.99
ea.

Fresh Cut MEAT & FISH

FRESH CHICKEN DRUMSTICKS
PERDUE GRADE A JUMBO PACK

\$1.29
lb.

FRESH BONE-IN CHICKEN THIGHS
STORE PACK GRADE A, FAMILY PACK

\$1.59
lb.

BEEF BONELESS CHUCK FOR STEW
USDA CHOICE FAMILY PACK

\$6.99
lb.

BEEF BONE-IN CHUCK SHORT RIBS OF BEEF
USDA CHOICE

\$8.99
lb.

URBAN MEADOW BACON
16 OZ. PKG., ASST. VAR.

\$5.99
ea.

NORTH ATLANTIC SALMON FILLET
FRESH

\$11.99
lb.

Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

BOAR'S HEAD LOW SALT HAM

\$11.99
lb.

URBAN MEADOW SWISS CHEESE

\$6.99
lb.

WUNDERBAR BEEF BOLOGNA

\$6.99
lb.

Store Prepared LASAGNA
WITH MEAT & CHEESE

\$8.99
lb.

OVERLANDER HAMANTASHEN
10 OZ. CONT., ASST. VAR.

\$5.99
ea.

SUPERIOR ON MAIN MINI BLACK & WHITE COOKIES
8 OZ. PKG.

\$4.99
ea.

IRISH SODA BREAD
16 OZ. LOAF

\$4.99
ea.

CHECK OUT OUR **NEW PARTY MENU** ONLINE at KeyFoodMan.com or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

BREAKSTONE'S BUTTER QUARTERS OR SPREADS
8 OZ. PKG., SALTED QUARTERS, UNSALTED QUARTERS, WITH CANOLA SPREAD, SALTED SPREAD, UNSALTED SPREAD

2 \$6
FOR

PHILADELPHIA SOFT OR WHIPPED CREAM CHEESE
7.5-8 OZ. CONT., ASST. VAR.

2 \$8
FOR

COUNTRY CROCK SPREAD
15 OZ. CONT., ASST. VAR.

\$3.99
ea.

FARMLAND ORGANIC MILK
64 OZ. CONT., WHOLE, 2%, FAT FREE

\$4.99
ea.

FARMLAND FRESH DAIRIES HALF & HALF
32 OZ. CONT., REGULAR, FAT FREE

\$2.99
ea.

STARBUCKS COFFEE CREAMER
28 OZ. CONT., ASST. VAR.

\$4.99
ea.

FROZEN Foods

EGGO THICK & FLUFFY WAFFLES
11.6 OZ. BOX, ASST. VAR.

2 \$6
FOR

MUST BUY 2, LIMIT 2 OFFERS

MCCAIN POTATOES
14-32 OZ. BAG, ASST. VAR.

2 \$6
FOR

MUST BUY 2, LIMIT 2 OFFERS

CELESTE PIZZA FOR ONE
5-6.65 OZ. BOX, ASST. VAR.

4 \$5
FOR

MUST BUY 4, LIMIT 4 OFFERS

URBAN MEADOW VEGETABLES
16 OZ. BAG, ASST. VAR.

2 \$4
FOR

BEN & JERRY'S ICE CREAM OR NON-DAIRY DESSERTS
15.2-16 OZ. CONT., ASST. VAR.

2 \$9
FOR

MUST BUY 2, LIMIT 4 OFFERS

FRIENDLY'S ICE CREAM
48 OZ. CONT., ASST. VAR., EXCLUDES NATURALLY

\$3.99
ea.

LIMIT 4 OFFERS

IN-STORE GROCERY Savings

URBAN MEADOW APPLE JUICE
64 OZ. BTL.

2 \$5
FOR

URBAN MEADOW OATS
42 OZ. CONT., OLD FASHIONED, QUICK

\$3.99
ea.

RONZONI PASTA
12-16 OZ. BOX, ASST. VAR., EXCLUDES GLUTEN FREE, LASAGNA, JUMBO SHELLS, DITALINI, PASTINA, EGG NOODLES

4 \$5
FOR

MUST BUY 4, LIMIT 2 OFFERS

CLASSICO PASTA OR ALFREDO SAUCE
15-24 OZ. JAR, ASST. VAR.

2 \$5
FOR

MUST BUY 2, LIMIT 3 OFFERS

PROGRESSO TRADITIONAL SOUPS
18-19 OZ. CAN, ASST. VAR., EXCLUDES OTHER VARIETIES

4 \$10
FOR

MUST BUY 4, LIMIT 4 OFFERS

LIBBY'S VEGETABLES
14.5-15.25 OZ. CAN, ASST. VAR., EXCLUDES ORGANIC

4 \$5
FOR

MUST BUY 4, LIMIT 2 OFFERS

BUMBLE BEE CHUNK LIGHT TUNA
4 PCK, 20 OZ. PKG., SEE WELL FOR LIFE IN OIL, IN WATER

\$3.99
ea.

BOUNTY PAPER TOWELS
8-20 DOUBLE PLUS ROLL, OR 6-22 TRIPLE PLUS ROLL, 371-408 SQ. FT. PKG.

\$19.99
ea.

LIMIT 4 OFFERS

PEPSI SODA
2 LITER, 67.6 OZ. BTL., ASST. VAR., +TAX +DEP

2 \$4
FOR

MUST BUY 2, LIMIT 4 OFFERS

SNAPPLE ICED TEA OR JUICE
64 OZ BTL., ASST. VAR.

2 \$4
FOR

KEEBLER EXPORT SODA CRACKERS
28 OZ. CAN

\$5.99
ea.

LIMIT 4 OFFERS

CHEETOS DORITOS TORTILLA CHIPS
6.5-10 OZ. BAG, ASST. VAR.

\$3.99
ea.

PEPPERIDGE FARM GOLDFISH
5.9-8 OZ. BOX, ASST. VAR.

2 \$5
FOR

ENTENMANN'S LOAF CAKES
11.5-16 OZ. BOX, ASST. VAR.

\$2.99
ea.