



JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

OCTOBER 2026

FRI 9

SAT 10

SUN 11

MON 12

TUE 13

WED 14

THU 15

5% SENIOR DISCOUNT EVERY TUESDAY!
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

WE ACCEPT EBT
NO CLUB CARD NEEDED!

OTC
Network

HARVEST
The Savings

HOME DELIVERY
CHOOSE US ON

instacart **mercato**

DOORDASH **Uber Eats**

KeyFoodMan.com
OR CALL THE STORE FOR
PHONE ORDERS
Curbside Pickup Available!

**YOU COULD BE SAVING MORE
WITH
DIGITAL COUPONS!**



**SCAN THE QR CODE
FOR THE APP**

Fresh Cut MEAT

**BEEF BONE-IN
SHELL STEAKS**
USDA CHOICE



\$12.99
lb.

**FRESH BONELESS
CENTER CUT
PORK CHOPS**
FAMILY PACK



\$2.99
lb.

**FRESH CHICKEN
DRUMSTICKS**
PERDUE GRADE A
JUMBO PACK



99¢
lb.

**BEEF BONE-IN
CHUCK STEAKS**
USDA CHOICE



\$6.99
lb.

Delicious DELI

ALL DELI MADE FRESH DAILY!

Your Choice!
**BOAR'S HEAD
LOW SALT OR
BLACK FOREST HAM**



\$10.99
lb.

**BUTTERBALL
OVEN ROASTED
TURKEY BREAST**



\$8.99
lb.

**MC CADAM
MUENSTER
CHEESE**



\$5.99
lb.

**BELGIOIOSO
MOZZARELLA LOGS**
FR 16 OZ. PKG.,
MOZZA ASST. VAR.



\$4.99
ea.

ALL STORES HAVE A CHEF ON PREMISES!

Fresh PRODUCE

**LARGE
HASS AVOCADOS**
FRESH FROM MEXICO,
GREAT FOR GUACAMOLE



99¢
ea.

**RED RIPE
STRAWBERRIES**
1 LB. CONT.



\$2.99
ea.

**TOMATOES
ON THE VINE**



\$1.99
lb.

Wow! New Crop
**NEW YORK STATE
FANCY APPLES**
4 LB. TOTE BAG, GINGER GOLD,
MACINTOSH, GALA, FUJI, RED
DELICIOUS, EMPIRE



\$3.99
ea.

**EXTRA LARGE
LEROUGE
RED PEPPERS**



\$1.99
lb.

**FRESH EXPRESS
SALAD BAGS**
8-11 OZ. BAG,
LETTUCE TRIO, SPINACH,
PREMIUM ROMAINE,
GREEN & CRISP



2 \$5
FOR

SAVE MORE THIS WEEKEND. FRI, 10/9 - SUN, 10/11

**MAXWELL HOUSE
GROUND COFFEE**
23.1-33.1 OZ. CONT.,
ASST. VAR.,
EXCLUDES DECAF



\$9.99
ea.

LIMIT 2 OFFERS

**GENERAL MILLS
CHEERIOS CEREAL**
OR MULTIGRAIN CHEERIOS 12 OZ.,
HONEY NUT CHEERIOS 15.4 OZ. OR
CINNAMON TOAST CRUNCH 16.8 OZ.



2 \$5
FOR

MUST BUY 2, LIMIT 4 OFFERS

**LARGE NAVEL
ORANGES**
3 LB. BAG



\$2.99
ea.

LIMIT 2 OFFERS

**THOMAS'
ENGLISH MUFFINS**
6 PACK, 13 OZ. BAG, ASST. VAR.
EXCLUDES ORIGINAL



\$2.99
ea.

LIMIT 4 OFFERS

**TROPICANA
PURE PREMIUM
ORANGE JUICE**
46 OZ. BTL,
ORIGINAL, LIGHT,
GRAPEFRUIT,
ASST. VAR.



2 \$5
FOR

MUST BUY 2, LIMIT 2 OFFERS

**EGGLAND'S BEST
LARGE WHITE EGGS**
18 CT. CRTN.,
GRADE A



2 \$5
FOR

MUST BUY 2, LIMIT 2 OFFERS

**PURE LIFE
PURIFIED WATER**
28 PACK, 16.9 OZ. BTL.,
473.2 OZ. PKG.



\$11.99
FOR

LIMIT 1 OFFER

**MOTT'S FOR TOTS
APPLE OR FRUIT JUICE**
64 OZ. BTL.,
ASST. VAR.



\$2.99
ea.

LIMIT 4 OFFERS

**URBAN MEADOW
EVAPORATED MILK**
12 OZ. CAN,
REGULAR, FAT FREE



5 \$5
FOR

MUST BUY 5, LIMIT 4 OFFERS

RONZONI PASTA
12-16 OZ. BOX, ASST. VAR.,
EXCLUDES GLUTEN FREE,
LASAGNA, JUMBO SHELLS,
DITALINI, PASTINA, EGG
NOODLES



5 \$5
FOR

MUST BUY 5, LIMIT 4 OFFERS

**URBAN MEADOW
BATH TISSUE**
20 ROLL PACK,
2106.9 SQ. FT. PKG.



\$12.99
ea.

LIMIT 4 OFFERS

**BOUNTY
PAPER TOWELS**
8-24 TRIPLES
8-24 TRIPLE ROLL,
FULL SHEET, SELECT-A-SIZE,
443-467 SQ. FT. PKG.



\$24.99
ea.

LIMIT 4 OFFERS

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!



**OATLY
OATMILK**
64 OZ. CONT.,
ASST. VAR.

\$4.99
ea.



**TROPICANA TWISTER
ADES OR PUNCH**
59 OZ. CONT.,
ASST. VAR.

\$1.99
ea.



**STARBUCKS
ICED COFFEE**
40-48 OZ. CONT.,
ASST. VAR.

\$5.99
ea.



**URBAN MEADOW
SHREDDED OR BAR
CHEESE**
6-8 OZ. PKG.,
ASST. VAR.

\$1.99
ea.



**CHOBANI
FLIPS OR CREATIONS
GREEK YOGURT**
4.5-5.3 OZ. CONT.,
ASST. VAR.

2 \$3
FOR

MUST BUY 2, LIMIT 4 OFFERS



**SILK
ALMOND MILK
CREAMERS**
32 OZ. CONT.,
VANILLA,
SWEET & CREAMY

\$4.49
ea.

**LOCALLY
OWNED & OPERATED**

Shop Online Thru Our Website

KeyFoodMan.com

**CURBSIDE PICKUP AVAILABLE!
ORDER ONLINE OR CALL OUR STORES**

Fresh PRODUCE

US #1
YELLOW LEMONS
2 LB. BAG

\$2.99
ea.

ZESPRI
GOLD KIWI
1 LB. CLAMSHELL

\$5.99
ea.

New Crop
US #1 RUSSET
BAKING POTATOES
OR YUKON GOLD

\$1.29
lb.

New Crop
FALL SQUASH
ACORN, BUTTERNUT
OR SPAGHETTI

99¢
lb.

FRESH ATTITUDE
SALADS
FAMILY SIZE,
11 OZ. PKG.,
ASST. VAR.

\$4.99
ea.

OLIPOP
PREBIOTIC
HEALTHY SODA
12 OZ. CANS,
ASST. VAR.

2 \$4
FOR

Fresh Cut MEAT & FISH

FRESH CHICKEN
THIGHS
PERDUE GRADE A
JUMBO PACK

\$1.69
lb.

FRESH WHOLE
BONELESS
PORK LOINS

\$1.99
lb.

FRESH PORK
SPARE RIBS
FAMILY PACK

\$2.99
lb.

PREMIO
ITALIAN
SAUSAGE
16 OZ. PKG.,
SWEET, HOT

\$4.99
ea.

93% LEAN
GROUND TURKEY
BUTTERBALL FRESH,
16 OZ. PKG.

\$5.99
ea.

FRESH ATLANTIC
SALMON FILLET
FARM RAISED

\$11.99
lb.

AQUA STAR
PEELED &
DEVEINED
RAW SHRIMP
31-40 CT.,
2 LB. BAG.

\$17.99
lb.

Enjoy Fresh DELI FAVORITES

Prepared FOODS

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISES** AND WE COOK IN STORE FOR YOU!

BOAR'S HEAD
DOMESTIC
PROVOLONE

\$7.99
lb.

MAGNIFICO
GENOA
SALAMI

\$7.99
lb.

WUNDERBAR
BEEF BOLOGNA

\$3.99
lb.

Store Made
BEAN SALAD

\$6.99
lb.

Store Made
POTATO & EGG
SALAD

\$5.99
lb.

Store Made
TORTELLINI
SALAD
WITH PESTO & SPINACH

\$8.99
lb.

MAPLE DONUTS
APPLE CIDER
OR PUMPKIN
DONUTS

\$3.99
ea.

FRESH PIES
22-24 OZ. PKG.,
PUMPKIN OR
COCONUT CUSTARD

\$5.99
ea.

CHECK OUT OUR **NEW PARTY MENU** ONLINE at KeyFoodMan.com or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

PHILADELPHIA
SOFT OR WHIPPED
CREAM CHEESE
7.5-8 OZ. CONT.,
ASST. VAR.

\$3.99
ea.

HOTEL BAR
WHIPPED BUTTER
8 OZ. CONT.,
SALTED, UNSALTED

\$2.99
ea.

COUNTRY CROCK
SPREAD
45 OZ. CONT.,
ASST. VAR.

\$5.99
ea.

FLORIDA'S NATURAL
ORANGE JUICE
89 OZ. CONT.,
NO PULP, SOME PULP, WITH
CALCIUM & VITAMIN D

\$7.99
ea.

FARMLAND
ORGANIC MILK
64 OZ. CONT.,
WHOLE, 2%, FAT FREE

\$4.99
ea.

CHOBANI
20G PROTEIN FLIP
6 OZ. CONT.,
ASST. VAR.

2 \$4
FOR

BREAKSTONE'S
SOUR CREAM
16 OZ. CONT.,
REGULAR, REDUCED FAT

2 \$4
FOR

FROZEN Foods

EGGO WAFFLES,
FRENCH TOAST,
OR PANCAKES
8.4-14.8 OZ. BOX, ASST. VAR.,
EXCLUDES THICK & FLUFFY,
PROTEIN & FAMILY SIZE

2 \$6
FOR

MCCAIN
CRAFT BEER
ONION RINGS
14 OZ. BAG, OR
POTATOES
19-32 OZ. BAG,
ASST. VAR.

2 \$7
FOR

URBAN MEADOW
STEAMABLE
VEGETABLES
12 OZ. BAG,
ASST. VAR.

2 \$3
FOR

ELLIO'S
9 SLICE PIZZA
15.3-19.64 OZ. BOX,
ASST. VAR.

\$3.99
ea.

FURLANI
GARLIC BREAD
8-10.15 OZ. BOX,
ORIGINAL GARLIC BREAD,
GARLIC KNOTS & GARLIC
PARMESAN TEXAS TOAST

2 \$5
FOR

TALENTI
SORBETTO
OR GELATO
16 OZ. CONT.,
ASST. VAR.,
EXCLUDES TALENTI
LAYERS

2 \$8
FOR

FRIENDLY'S
ICE CREAM
48 OZ. CONT.,
ASST. VAR.,
EXCLUDES NATURALLY
Forbidden
Chocolate

\$3.99
ea.

IN-STORE GROCERY Savings

MAZOLA
COOKING OIL
128 OZ. CONT.,
CANOLA, CORN,
VEGETABLE PLUS

\$12.99
ea.

URBAN MEADOW
LONG GRAIN RICE
10 LB. BAG,
WHITE, PARBOILED

\$5.99
ea.

WISH-BONE
SALAD DRESSING
15 OZ. BTL.,
ASST. VAR.

2 \$4
FOR

BUMBLE BEE
Wild Caught
PINK SALMON
14.75 OZ CAN

\$3.99
ea.

BRUNSWICK
SARDINES
3.75 OZ. CAN,
IN SOYBEAN OIL

4 \$5
FOR

BUMBLE BEE
SOLID WHITE TUNA
5 OZ. CAN,
IN OIL; IN WATER,
LOW SODIUM

3 \$5
FOR

PROGRESSO
TRADITIONAL SOUPS
18-19 OZ. CAN,
ASST. VAR.

4 \$10
FOR

PEPSI OR
SCHWEPES
SODA
2 LITER, 67.6 OZ. BTL.,
ASST. VAR.,
+TAX +DEP

3 \$7
FOR

SNAPPLE
ICED TEA OR JUICE
64 OZ. BTL.,
ASST. VAR.

2 \$4
FOR

PEPPERIDGE FARM
SWIRL BREAD
14-16 OZ. BAG,
ASST. VAR.

\$3.49
ea.

DORITOS
TORTILLA CHIPS
6-11.5 OZ. BAG, OR
SMARTFOOD
5-8.5 OZ. BAG
ASST. VAR.

\$3.99
ea.

CHEEZ-IT
CRACKERS
ORIGINAL, 6.5-12.4 OZ. PKG.,
CRUNCH, 6.5 OZ. PKG., OR
SNAP'D, 7.5 OZ. PKG.
ASST. VAR.

2 \$6
FOR

OREO COOKIES
9.21-14.03 OZ. PKG.,
SEL. VAR.

\$3.99
ea.

ENTENMANN'S
LOAF CAKES
11.5-16 OZ. BOX,
ASST. VAR.

\$1.99
ea.

LOCALLY
OWNED & OPERATED

Shop Online Thru Our Website KeyFoodMan.com

We reserve the right to limit 1 per family. Prices effective this store only.
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only and do not necessarily represent items on sale. PG 2