



JAMAICA
183-14 HILLSIDE AVE • 718.297.2613
HRS: EVERYDAY 7 AM - 10 PM

FRESH MEADOWS
164-05 69TH AVE • 718.762.1112
HRS: MON-SAT 7 AM - 9 PM,
SAT-SUN 7 AM - 8 PM

SCAN THE QR CODE TO SHOP ONLINE



NOV-DEC 2025 FRI **28** SAT **29** SUN **30** MON **1** TUE **2** WED **3** THU **4**

5% SENIOR DISCOUNT EVERY TUESDAY!
\$25 MINIMUM PURCHASE
MUST BE 65 YEARS & OLDER
VALID ON IN-STORE PURCHASES ONLY
NOT TO BE COMBINED WITH OTHER COUPON OFFERS

RESTOCK & RECHARGE

HOME DELIVERY
CHOOSE US ON
instacart mercatō
DOORDASH Uber Eats
KeyFoodMan.com
OR CALL THE STORE FOR
PHONE ORDERS
Curbside Pickup Available!

WE ACCEPT EBT
NO CLUB CARD NEEDED!

WE NOW ACCEPT **OTC Network**



GIFT CARDS MAKE THE IDEAL PRESENT!
AVAILABLE IN ALL LOCATIONS.

Fresh Cut MEAT

BEEF BONE-IN CHUCK STEAKS
USDA CHOICE



\$5.99
lb.

FRESH BONELESS CHICKEN BREAST
USDA GRADE A
FAMILY PACK



\$1.99
lb.



BEEF BOTTOM ROUND ROAST
USDA CHOICE



\$4.99
lb.



FRESH BONE-IN CENTER CUT PORK CHOPS
FAMILY PACK



\$2.49
lb.

Delicious DELI

ALL DELI MADE FRESH DAILY!

Our Famous ROTISSERIE CHICKEN



\$7.99
lb.

URBAN MEADOW AMERICAN OR MUENSTER CHEESE



\$4.99
lb.

BOAR'S HEAD BOLOGNA



\$7.99
lb.

Store Prepared EGGPLANT PARMIGIANA



\$8.99
lb.

ALL STORES HAVE A **CHEF ON PREMISIES!**

Fresh PRODUCE

HASS AVOCADOS
FRESH FROM MEXICO



3 \$3
FOR

MANGOS



4 \$5
FOR

FANCY GREEN SQUASH ZUCCHINI
FRESH SQUASH, YELLOW, GREY, OR PURPLE EGGPLANT



\$1.49
lb.

NAVEL ORANGES
3 LB. BAG



\$4.99
ea.

US #1 YELLOW ONIONS
2 LB. BAG



99¢
ea.

IN-STORE GROCERY Savings

DEER PARK SPRING WATER
24 PACK, 16.9 OZ. BTL., 405.6 OZ. PKG., +TAX +DEP



3 \$12.99
FOR

MUST BUY 3, LIMIT 1 OFFER

APPLE & EVE APPLE JUICE
64 OZ. BTL., NATURAL, CLEAR, EXCLUDES SESAME STREET & ORGANIC



2 \$5
FOR

MUST BUY 2, LIMIT 3 OFFERS

EIGHT O'CLOCK COFFEE K-CUPS
10 CT. BOX, ASST. VAR.



\$6.99
ea.

LIMIT 2 OFFERS

QUAKER OATS
42 OZ. CONT., QUICK, OLD FASHIONED



\$4.99
ea.

PEARL MILLING COMPANY SELF RISING FLOUR
5 LB. BAG



\$3.49
ea.

LIMIT 3 OFFERS

URBAN MEADOW COOKING OIL
96 OZ. CONT., CORN, CANOLA, VEGETABLE



\$7.99
ea.

LUIGI VITELLI IMPORTED PASTA
16 OZ. PKG., ASST. VAR., EXCLUDES FIDEOS & ORGANIC WHOLE WHEAT



5 \$5
FOR

MUST BUY 5, LIMIT 3 OFFERS

RAGU PASTA OR ALFREDO SAUCE
16-24 OZ JAR, ASST. VAR., INCLUDES SIMPLY



2 \$4
FOR

MUST BUY 2, LIMIT 3 OFFERS

STARKIST CHUNK LIGHT TUNA
5 OZ. CAN, IN OIL, IN WATER



3 \$3
FOR

LIBBY'S VEGETABLES
14.5-15.25 OZ. CAN, ASST. VAR., EXCLUDES ORGANIC



5 \$5
FOR

PROGRESSO VEGETABLE CLASSIC SOUPS
18-19 OZ. CAN, ASST. VAR.



5 \$10
FOR

MUST BUY 5, LIMIT 2 OFFERS

URBAN MEADOW LONG GRAIN RICE
10 LB. BAG, WHITE, PARBOILED



\$6.99
ea.

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!

FLORIDA'S NATURAL JUICE
52 OZ. CONT., ASST. VAR.



2 \$7
FOR

MUST BUY 2, LIMIT 4 OFFERS

LAYOGURT YOGURT CUPS
6 OZ. CONT., ASST. VAR.



10 \$5
FOR

MUST BUY 10, LIMIT 4 OFFERS

FARMLAND ORGANIC MILK
64 OZ. CONT., WHOLE, 2%, FAT FREE



\$4.99
ea.

URBAN MEADOW BUTTER QUARTERS
16 OZ. BOX, SALTED, UNSALTED



\$2.99
ea.

PHILADELPHIA CREAM CHEESE
2 PACK, 16 OZ. PKG., BRICK



\$5.99
ea.

LIMIT 4 OFFERS

FARMLAND FRESH EGG NOG
32 OZ. CONT.



\$3.49
ea.

LOCALLY OWNED & OPERATED

Shop Online Thru Our Website

KeyFoodMan.com

CURBSIDE PICKUP AVAILABLE! ORDER ONLINE OR CALL OUR STORES

Fresh PRODUCE

SEEDLESS
CUCUMBERS



3 \$5
FOR

GREEN GIANT
LOOSE POTATOES
IDAHO BAKING, RED YUKON



Green
Giant

99¢
lb.

NATURE SWEET
TOMATOES
10 OZ. CONT.,
ASST. VAR.



3 \$10
FOR

MARADOL
PAPAYA



\$1 49
lb.

Fresh Cut MEAT & FISH

FRESH BONE-IN
RIB OR LOIN ENDS
PORK CHOPS
FAMILY PACK



\$1 99
lb.

BEEF BONE-IN
CHUCK SHORT RIBS
OF BEEF
USDA CHOICE



\$8 99
lb.

FRESH
THIN SLICED
CHICKEN BREAST
CUTLETS
Store Made
GRADE A
FAMILY PACK



\$3 99
lb.

URBAN
MEADOW
BACON
16 OZ. PKG.,
ASST. VAR.



\$5 99
ea.

FRESH
SALMON FILLET
NORTH ATLANTIC



\$9 99
lb.

TILAPIA FILLET
PREVIOUSLY FROZEN



\$5 99
lb.

Enjoy Fresh DELI FAVORITES

EACH ONE OF OUR STORES HAS A **CHEF ON PREMISIES** AND WE COOK IN STORE FOR YOU!

BOAR'S HEAD
LOW SALT HAM



\$11 99
lb.

BOAR'S HEAD
CLASSIC CHICKEN
BREAST



\$12 99
lb.

BUTTER BALL
TURKEY BREAST



\$8 99
lb.

Store
Prepared
BROCCOLI CRUNCH
SALAD



\$6 99
lb.

Store
Prepared
MEATLOAF
W/ GRAVY



\$9 99
lb.

Store
Prepared
POTATO & EGG
SALAD



\$3 49
lb.

UNCLE WALLY'S
MUFFINS
4 PACK, 16 OZ. PKG.,
ASST. VAR.



\$5 99
ea.

HOLIDAY
DECORATED
REGULAR OR MINI
CUPCAKES
6 CT. OR 12 CT. PKG.
ASST. VAR.



\$5 99
ea.

CHECK OUT OUR **NEW PARTY MENU** ONLINE at **KeyFoodMan.com** or PICK ONE UP IN STORE!

Fresh DAIRY

WE SELL ORGANIC MILK & EGGS!



STARBUCKS
ICED COFFEE
40-48 OZ. CONT.,
ASST. VAR.

\$5 99
ea.



INTERNATIONAL
DELIGHT
CREAMERS
32 OZ. CONT.,
ASST. VAR.

\$3 99
ea.



TURKEY HILL
ADES OR ICED TEA
128 OZ. CONT.,
ASST. VAR.

\$3 49
ea.



BORDEN
CHEESE SINGLES
10.67-12 OZ. PKG.,
ASST. VAR.,
PREPARED OR REGULAR

2 \$6
FOR



ACTIVIA
YOGURT
4 PACKS, 16 OZ. PKG.,
ASST. VAR.

2 \$6
FOR



URBAN MEADOW
WHIPPED TOPPING
6.5 OZ. CAN

\$2 49
ea.

FROZEN Foods



EGGO
WAFFLES OR
BUTTERMILK
PANCAKES
23.2-29.6 OZ. BOX,
ASST. VAR.

\$5 99
ea.

LIMIT 4 OFFERS



CELESTE
PIZZA FOR ONE
5-6.65 OZ. BOX,
ASST. VAR.

5 \$5
FOR

MUST BUY 5, LIMIT 4 OFFERS



URBAN MEADOW
FROZEN GREENS
10 OZ. PKG.,
BROCCOLI FLORETS, BROCCOLI
CHOPPED, LEAF SPINACH

3 \$5
FOR



COOL WHIP
TOPPINGS
8 OZ. CONT.,
ASST. VAR.

2 \$5
FOR



TURKEY HILL
ICE CREAM
46 OZ. CONT., ASST. VAR.,
EXCLUDES SIMPLY NATURAL

\$3 99
ea.

LIMIT 4 OFFERS



TALENTI
SORBETTO OR
GELATO
16 OZ. CONT.,
ASST. VAR.,
EXCLUDES TALENTI LAYERS

2 \$8
FOR

MUST BUY 4, LIMIT 4 OFFERS

IN-STORE GROCERY Savings



MAGNOLIA
CONDENSED MILK
14 OZ. CAN,
REGULAR, FAT FREE

5 \$10
FOR

MUST BUY 5, LIMIT 2 OFFERS



URBAN MEADOW
EVAPORATED MILK
12 OZ. CAN,
REGULAR, FAT FREE

3 \$4
FOR

MUST BUY 3, LIMIT 2 OFFERS



NUTRAMENT ENERGY
NUTRITION DRINKS
11 FL. OZ. CAN,
ASST. VAR.

2 \$4
FOR



QUAKER
INSTANT OATMEAL
7-13 OZ. BOX,
ASST. VAR.

\$2 99
ea.



BUMBLE BEE
Wild Caught
PINK SALMON
14.75 OZ. CAN

\$3 99
ea.



BRUNSWICK
SARDINES
3.75 OZ. CAN,
IN SOYBEAN OIL

3 \$3
FOR

MUST BUY 3, LIMIT 4 OFFERS



LIBBY'S
VIENNA
SAUSAGE
4.6 OZ. CAN,
REGULAR, CHICKEN,
BBQ CHICKEN

4 \$3
FOR

MUST BUY 4, LIMIT 4 OFFERS



ARM & HAMMER
LAUNDRY
DETERGENT
100.5-144.5 OZ. CONT.,
ASST. VAR.

\$7 99
ea.

LIMIT 4 OFFERS



WISH-BONE
SALAD DRESSING
8 OZ. BTL.,
ASST. VAR.

2 \$3
FOR

MUST BUY 2, LIMIT 3 OFFERS



CANADA DRY, A&W,
SUNKIST, OR 7UP
SODA
2 LITER, 67.6 OZ. BTL.,
ASST. VAR.,
+TAX +DEP

2 \$5
FOR

MUST BUY 2, LIMIT 2 OFFERS



CHIPS AHOY!
COOKIES
7-13 OZ. PKG.,
ASST. VAR.,
EXCLUDES GLUTEN FREE

2 \$7
FOR

MUST BUY 2, LIMIT 4 OFFERS



DORITOS
TORTILLA CHIPS
6-11.5 OZ. BAG,
ASST. VAR.

\$3 99
ea.



UTZ
POTATO CHIPS
7.75-8 OZ. BAG,
ASST. VAR.

2 \$7
FOR



CHEEZ-IT OR
KEEBLER
SANDWICH
CRACKERS
7 OZ. BOX, ASST. VAR.,
11 OZ. PKG., ASST. VAR.

3 \$6 99
FOR

MUST BUY 3, LIMIT 4 OFFERS

LOCALLY
OWNED & OPERATED

Shop Online Thru Our Website

KeyFoodMan.com

We reserve the right to limit 1 per family. Prices effective this store only. Not responsible for typographic errors. Some pictures are for design purposes only and do not necessarily represent items on sale. 2025.11.28 PG 3